

## **MONDAY**

### **Noon --- NA ROX**

(Open / Living Clean Book Study)  
559 N. 1060 E., St. George, UT  
84770

(Dixie Alano Club)

### **6:00pm --- The Kiss Meeting**

(Open / Topic)  
559 N. 1060 E., St. George, UT 84770  
(Dixie Alano Club)

### **6:30pm --- H.O.P.E. Hold On Pain Ends**

(Open) 56 E. 200 S., Richfield, UT 84701  
(Presbyterian Church)

**7:00pm --- Circle of Hope** (Open /  
Qualifier) 175 W. 900 S., St. George, UT  
84770

(The Room at The Square)

### **8:00pm --- Basic Text Study**

(Open) 203 E Cobblecreek Dr.  
Cedar City, UT 84721  
(Keep Coming Back Meeting Hall)

## **TUESDAY**

### **Noon --- NA ROX**

(Open / IWH&W Study)  
559 N. 1060 E., St. George, UT 84770  
(Dixie Alano Club)

### **6:00pm --- Living Clean: The Journey Continues**

(Open / Living Clean Book Study)  
559 N. 1060 E., St. George, UT  
84770

(Dixie Alano Club)

### **6:30pm --- Dopeless Hope Fiends**

(Open/ Discussion)  
445 N. Main St. Kanab, UT 84741  
(Southwest Behavioral Health Center)

### **7:00pm-8:15pm --- Lost & Found**

(Open/Chairs Choice) 175 W. 900 S., St.  
George, UT 84770 (The Room at The  
Square)

### **8:45pm -- We Unite On Tuesday Night**

(Open/Step-Tradition)  
1072 E. 900 S., St. George, UT 84790  
(Grace Episcopal Church)

## **WEDNESDAY**

### **Noon --- NA ROX** (Open / IP Study)

559 N. 1060 E., St George, UT 84770  
(Dixie Alano Club)

### **6:00pm --- We-covery**

(Open/Rotating)  
559 N. 1060 E., St George, UT 84770  
(Dixie Alano Club)

### **7:00pm --- Circle of Hope**

(Topic Tag Meeting)  
175 W. 900 S., St. George, UT 84770  
(The Room at The Square)

### **8:00pm --- Living Clean** (Open / Discussion)

203 E Cobblecreek Dr.  
Cedar City, UT 84721  
(Keep Coming Back Meeting Hall)

## **THURSDAY**

### **Noon --- NA ROX**

(Open /Step Study)  
559 N. 1060 E., St George, UT  
84770 (Dixie Alano Club)

### **6:00pm --- Living in the Moment**

(Open / Topic)  
559 N. 1060 E., St George, UT 84770  
(Dixie Alano Club)

### **6:30pm --- Cope Without Dope**

(Open/ Topic)  
68 W 400 S Kanab, Ut 84741  
(Legion Hut)

### **8:00pm --- It Works How and Why**

(Open /It Works How and Why)  
203 E Cobblecreek Dr. Cedar City, UT  
84721 (Keep Coming Back Meeting  
Hall)

## **FRIDAY**

### **Noon --- NA ROX**

(Open / Basic Text Study)  
559 N. 1060 E., St George, UT 84770  
(Dixie Alano Club)

### **6:30pm --- H.O.P.E. Hold On Pain**

**Ends** (Open, Book Study)  
56 E. 200 S., Richfield, UT 84701  
(Presbyterian Church)

### **7:30pm-8:45pm --- Newcomers Meeting**

(Open / Just for Today / 3<sup>rd</sup> Friday Speaker)  
474 W. 200 N., Rm 208, St George, UT 84770  
(Southwest Behavioral Health Center)

### **8:00pm --- Live and Let Live** (Open / Discussion)

203 E. Cobblecreek Dr., Cedar City, UT 84721  
(Keep Coming Back Meeting Hall)

## **SATURDAY**

### **10:00am- Circle of Sisters**

(Women / Discussion/ 1<sup>st</sup> Saturday Speaker)  
559 N.1060 E. St George, Ut 84770  
(Dixie Alano Club)

### **10:00am --- Men's Meeting** (Men / JFT)

559 N.1060 E., St George, UT 84770  
(Dixie Alano Club)

### **4:00pm---Stress Less**

Kanab, UT 84741  
(Legion Hut)

### **8:00pm --- Bridging the Gap**

(Open/Basic Text Study)  
559 N. 1060 E., St George, UT 84770  
(Dixie Alano Club)

### **9:30pm --- Glimmer of Hope**

(Closed/Question & Answer)  
203 E. Cobblecreek Dr., Cedar City, UT 84721

**SUNDAY**

**10:00am ---Men's Spiritual Meeting**

(Open/ Just for today)  
559 N. 1060 E., St George, UT 84770  
(Dixie Alano Club)

**11:00am---Women's Spiritual Haven of Hope**

(Open / Just for today)  
203 E Cobblecreek Dr.  
Cedar City, UT 84721  
(Keep Coming Back Meeting Hall)

**1:30pm --- (Pacific Time) Mesquite Meeting**

(Open/Book Study)  
51 E. First North Street, Mesquite, NV  
89027(Mesquite Boxing Club)

**5:30pm---Spiritual Not Religious**

(Open/Meditation/Discussion)  
474 W. 200 N. St George, UT 84770  
(Southwest Behavioral Health Center)

**6:00pm --- Sunday Night Candlelight NA**

(Open / JFT)  
559 N. 1060 E., St George, UT 84770  
(Dixie Alano Club)

**6:30pm - H.O.P.E. Hold On Pain Ends**

(Open)  
56 E. 200 S., Richfield, UT  
(Presbyterian Church)

**7:30pm---Fresh Start**

(Open/Topic)  
244 W. 900 N., Cedar City, Ut 84721  
(Care and Share Emergency Shelter)

**7:00pm ---No Gram Like the Program**

(Open/Topic)  
35 W. State St., Hurricane, UT 84737  
(Heritage Museum Basement)

**8:00pm --- Dopeless Hope Fiends**

(Open/Topic)  
203 E Cobblecreek Dr.  
Cedar City, UT 84721  
(Keep Coming Back Meeting Hall)

**NA Phone List**  
**Call if you feel Like Using**  
*No addict need ever be alone!*

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Although N.A. is appreciative of the religious, civic, and private facilities that allow us to hold our meetings in their rooms, we must state that according to our sixth tradition N.A. does not lend its name to these facilities.

**NARCOTICS ANONYMOUS  
OF  
SOUTHERN UTAH**

**March-April  
2019**



**NA Helpline**

**(435)467-4403**

**(888)495-3222**

**[www.nasouthernutah.org](http://www.nasouthernutah.org)**