



NASU AREA SERVICE MEETING

September 14, 2019 St. George SWBH

Opening: 6:32pm

Service Prayer - Rayce

12 Traditions - ?

12 Concepts - JR

Attendance: Crystal, Lacey, Susan, Thomas, Jeri, Dave, Rosemary, Melissa, Aaron, Layton, Mary, Cassie, Angie, Melanie, JR, Brandina, Andy, Tysen, Rayce, Chad, Chantel, Elenore, Christian, Tim, Bruce, Falene, Tim, Emma. Crystal, Grace, Janessa, Shane, Paul

Motion to accept minutes - Andy

Seconded by- Lacey

Motion Passes

Excused: Makayla, Josh B, Shannon, Jerry, Delanie,

Executive Reports

Chair Crystal H: Good evening all, last month was a great experience and I would like to thank everyone for their participation. It was brought to the attention of the committee that our first responsibility is to our groups and we were informed that several meetings were unable to purchase basic literature for the meeting, this is one of the main vessel's of which we use to carry the message of NA. After looking at the current procedures that are set up to help struggling meetings I created an adhoc committee to re-write the struggling meeting guidelines to make it easier for meetings to get help, the way it was set up was not working, it took too much time for them to get help and it shouldn't be that hard. The NA service structure is an upside down pyramid and it is our responsibility to make sure our groups are taken care of first. I do not think it should take time that a struggling meeting may not have to get help. We have had over 300.00 that was raised by way of a fundraiser to help struggling meetings sitting in an account for over 3 years while in the mean time several meetings have asked for our help. The intent is to keep it simple and make it easy for the meetings to get our help here at the ASC.

Thank you

Co Chair - Lacey: No Report

Secretary - MaKayla - If you want the minutes, sign in.

Treasurer- Thomas - September 2019 Treasurer Report

Good evening ASC!

Here are the numbers...

Date	Description	Income	Expense	Check #	Balance
8/1/19	Balance forward				\$ 12,963.17
8/5/19	Transfer to Literature (Executive)		\$ 243.10		\$ (243.10)

8/5/19	Area Entertainment		\$ 500.00	1175	\$ (500.00)
8/12/19	Region donation		\$ 3,000.00	1176	\$ (3,000.00)
8/14/19	Verizon wireless auto pay		\$ 31.99	Auto pay	\$ (31.99)
8/29/19	Deposit group donations	\$ 145.55			\$ 145.55
8/30/19	Interest paid	\$ 0.44			\$ 0.44
					\$ 9,334.07
Ending Balance	\$9,334.07				
Prudent Reserve	-\$1,000.00				
Operating Reserve	-\$3,000.00				
Available funds	\$5,334.07				
Committee Budgets					
PR	2939.71				
H&I	946				
CCGC	558.12				
Entertainment	451				
Executive	914.92				

Literature	2300				
New Building	0				
Total	8109.75				

So as you can see, just because it looks like we have a lot of money in the bank... The reality is, when you deduct the reserve amounts plus the sub committee remaining budget amounts... we are actually in the RED! Granted, in order for that to become a reality, all of the sub committees would have to use their entire budgets all at once, which is unlikely...However, we really don't have all that much money, we need to be mindful when it comes to our spending.

Thank you for letting us serve!!

Tom & Jeri

RCM - RCM REPORT SEPTEMBER 2019

Hello Area,

Please excuse mine and Jerry's absence. Our Alternate, JR, was kind enough to fill in for us. This past month we had our NA Unity Day Event. We had 26 or more attend, a lot of them were new comers, it was a very special moment of silence. We had a short meeting and went into the "Spiritual Principal A Day" Book Project Workgroup. We had 5 in attendance, Including myself and Jerry. The Group worked hard and there was a lot of discussion on each passage. We were able to finish the spiritual principle of Unity, which we thought it was fitting for that day. I entered the information online to the NA World Service website and submitted it. It was beautiful to see a groups voice be carried in this way. Also, as soon as the next batch of spiritual principles comes out, we were wanting to have a workgroup once a month. Each month, we will do one spiritual principle. We are hoping for more participation on the next one, and we are grateful for those who attended. More will be revealed on the dates for that. Just a reminder Region is tomorrow, here in St. George at the Southwest Behavioral Health Center. It begins at 11 AM. If you have not experienced your Regional Committee Meeting, we recommend that you attend. Region 51 convention committee is looking for people to serve as well. They would really like to see people from other Areas serve on this committee. If anyone is interested in a position please show up at the Regional Committee Meeting tomorrow, the Convention Chair will be there.

Thanks for allowing us to serve,

Shannon, Jerry, & JR

Entertainment - Josh B. -

Hello All,

Sorry I can not attend. I am out of town for work. Area Entertainment had a very successful campout. We had over 80 in attendance. Great turnout with some great recovery and fellowshiping. We spent \$445.37 total on it all. We have Change of \$54.63 which we are giving back. 7th Tradition also brought in \$55.75. We had our business meeting last week and have now reserved a spot for the NA Halloween event. It will be on October 26th from 5-9. It will be at the American legion building. We will have a flier shortly. Layton will be motioning for \$250 from our budget.

Thank you,

Josh B

H&I - Aaron V. - H & I Report 9/14/2019

Good evening Family,

We had our meeting yesterday and we are still taking meetings into Falcon Ridge. However, we are starting a new H & I meeting at Steps Recovery Center starting 9/22/2019 at 7:00PM.

I will be making a motion today for \$249.00 for our H & I Awareness Event. We are putting together the details next week and are wanting to have the event in the next month or so.

We had a volunteer from Iron County jail at our meeting and it looks like they are already following our guidelines! Hoping to get them back on board with us!

Our Purgatory Panel Leader is keeping in touch with the Programming guy at the jail and we do not have any timeline yet on when we will be able to take meetings in again.

Thank you for allowing me to serve,
Aaron V.

PR Report - Susan:

Hello Area!

PR had their business meeting this past Wednesday. We will have a booth at Recovery Days on Thursday. We will have all kinds of info there. I do have a receipt to turn in for the booth and for candy to have at the booth. I also have receipts for the brochure folders and lettering. Paul T has resigned as our Phone line Co-ordinator and Jerry C has taken his place! The next Phoneline Committee business meeting will be October 7th at 6 pm at Rosemary and Dave's house. Come to the business meeting and see what its about. We decided that we would give region a list of 7 names of people who could answer the phone to start with. We are putting together some packets and we are going to be doing some training. Please if you want to be a part of show up to the business meeting on October 7th. If a meeting runs out of meeting lists for the month you can always grab some at the alano club. Please do not take more than 10. Those lists get stocked 3 times a week. I reached out Leslie about getting the storage key so we can get the canopy for Recovery Days. She said she would have someone bring it to area. We have taken a group conscious and have decided to move the time of the PR meeting to 6:00 pm. I have organized this with Mona at Southwest and are good to go moving forward. Our next PR business meeting will be October 9th at 6:00 pm in the Elev8 building. Thanks for allowing me to be of service!

SUACNA 12 -

SUACNA 13 Report 9/14/2019

Good Evening Area,

SUACNA has filled all positions!!! Whoop! Whoop! Super excited for lucky 13!!

I have been nominated for Chair of SUACNA 13 and I feel super honored to serve on such a badass committee! I will be putting in a motion today for this position.

We have set the date of our Convention...June 12-14!!

We are having a meeting 9/22/19 to go over Guidelines! Our next regular SUACNA Business Meeting is 10/6/2019.

Thanks for allowing me to serve!
Melissa!

Literature Andy -

<https://docs.google.com/spreadsheets/d/1GroiAl2tHn56BBrDoVQ3WOYbqxBdr586g4ALzhTHnGw/edit?usp=sharing>

CCGC Jeri -

Hello ASC!!!

We're gonna be having a bonfire meeting on September 20th at 9pm at the Southwest Wildlife Preserve. This will be an "ask it basket" meeting.

As you all are aware, CCGC has had difficulties getting new people involved.

In our efforts to get newcomers to participate in the planning / attending of events for CCGC, we decided that when a newcomer comes and has an idea on our next event we will try our best to make it happen. That being said, for our next event we will be doing Laser Tag & a desert contest!

September 22nd we will be meeting at Fiddlers Fun Center at 4pm, where we will be doing laser tag. The cost for laser tag is \$5 per person per game. **Games last approximately 20 minutes, including the time for briefing, vesting up, and checking your score at the end of the game **

We figured that most people will more than likely want to play 2 rounds, which is fine however, CCGC will only allow a person 1 round if we are paying.

At 5 we will be going to the Canyon park West where we will have a meeting and a contest for the best desert. The prize will be a basic text, which has already been donated.

We will be putting in a motion to request funds for this event, \$15 of that money will reimburse Rayce B. for reserving the pavilion at the park. And the rest will go towards our primary purpose of showing the newcomer how to have fun in recovery by ensuring that no addict be turned away due to lack of funds.

Thank you for allowing me to be of service !!!

RECOVERY HALL COMMITTEE: No report

Ad-Hoc Committee:

AD HOC Report September 2019

Three of us met on August 31 to examine and possibly revise the Struggling Meeting guidelines. Our last Area inventory, completed in 2018, reflected a need to be more inclusive and have a more loving, supportive atmosphere while conducting monthly business. During our last ASC in August 2019, the same feelings resurfaced again, especially pertaining to struggling meetings and their ability to carry the NA message. This AD HOC committee tried to correlate these same feelings into revising the Struggling Meeting Guidelines. We simply took what has already been written and re-worded the guidelines so that groups do not have to jump through hoops and get a “root canal” in order to obtain assistance to carry the message. Our traditions, our atmosphere of recovery, and even our service structure suggest we take care of home, our ability to carry the NA message first and above all else. We hope the guidelines attached to this report represent this sentiment.

Thanks for letting us help us help out

Tim H., Chris S., and Jerry C.

Struggling Meeting PR Guidelines

1. We encourage any group that may be struggling to come to the ASC for assistance.

2. Two times a year a group can be brought current on rent and given one-month reserve with literature (key tags). After receiving assistance, it is suggested that a group do a group inventory and look at the following suggestions:
 - a. Is there an atmosphere of recovery
 - b. Is the group venue cost efficient
 - c. Does the group have home group membership
 - d. Is the group format working?
 - e. Is there a meeting going on at the same time?
 - f. Does the group have a GSR

3. Any new meeting can come to the ASC and receive a literature starter kit consisting of the following:
 - a. Two Basic Texts
 - b. Four of each key tag
 - c. Twenty IP's
 - Am I an Addict?
 - For the Newcomer
 - Sponsorship
 - Welcome to Narcotics Anonymous
 - Recovery and Relapse
 - d. One set of readings

GSR Reports

Group/ GSR	Avg Att	NC	Donation	Comments
Basic Text Study (Cedar) Thomas B	30	2	\$0	
Bridging the gap	15-20	4	\$5.00	Speaker Meeting last sat of each month Need Alt-Gsr Could use some support
Circle of Hope	20	0	\$50.00	Need Home group Members - Need Alt-GSR
Circle of Sisters	24	9	0	
Cope Without Dope (Kanab)	41	0	\$4.10	
Dopeless Hope Fiends (Cedar) Bruce	27	2	\$3.30	
Fresh Start (Cedar) Baron				
Glimmer of Hope (Rayce)	10	3	\$0	
Hold On Pain Ends (Richfield)				

No Gram like the Program Sabrina				
It works; How & Why (Cedar) Lacey	30	2	\$0	
KISS Meeting Jen J	46	6	\$76.64	
Live & Let Live (Cedar) Charlotte				No Report
Living Clean (Cedar) Jeri D.	25	2	\$0	Need alt-gsr
Living in the Moment Mark				
Living Clean the Journey Continues				
Lost & Found	50	5	\$0	
Men's Spiritual Meeting (Sunday) Rick R.	10	1	\$0	
Men's Meeting	11	2	\$0	
The Nooner JR	6	12	\$0	
Newcomer's Meeting Layton	74	13	\$84.92	

Sisters of Hope (Richfield)				No Report
Sunday Night Candlelight Delanie	70	5	\$16.59	
We Unite on Tuesday Night Open	19	6	\$20	
NA HUMP DAY	10	3	\$0	
Serenity Sisters				No Report
Women's Haven of Hope	15	0	0	
Stress Less	40	0	\$3.50	

TOTAL AREA DONATION: \$326.76

Break Time: 7:06pm

Motion by Lacey, 10 min

Seconded by Mary

Re-Open: 7:16pm

Start Open Forum: 7:30pm (20 minutes)

Motioned by Andy

Seconded by Layton

Motion to close Open Forum: Lacey

Seconded: JR

7:37pm

1. Area Entertainment will be motioning for \$249.99 for Halloween Event on 10/26/19
2. PR will be motioning for 4 items - see motion number 5-8
3. Treasurer has a question for Executive Body to ensure that the meeting list coordinator can be reimbursed BEFORE the motions since we have a standing motion.
4. CCGC will be asking for \$80
5. H&I will be requesting money for the H&I Awareness Days

Motion to Close open forum: Andy

Seconded by: JR

GSR ATTENDANCE: 14

Open forum is verbatim, there is a voice recording available to anyone who would like to listen. (this was not recorded for this month)

Old Business:

Motion #1

Motion Maker: Jerry

2nd: Andy

Motion: To donate \$1000 to region per our guidelines

Intent: To follow our guidelines

PASSED

Motion #2

Motion Maker: Bruce

2nd: Andy

Motion: To supply Kanab with 10 basic texts and 10 it works books, not to exceed \$243.10

Intent: To supply literature for three weekly meetings

PASSED

NEW BUSINESS

Motion #1

Maker: Aaron

Seconded: Staci B

Motion: Nominate Melissa V for SUACNA XIII Chair

BACK TO GROUPS

Motion #2

Maker: Aaron

Seconded: Staci B

Motion for \$249 for H & I Awareness Event to be spent on money to be spent on food and supplies

Intent: To spread the word for H&I Awareness

MOTION PASSES

Motion #3

Maker: Layton

Seconded: Mary M

Motion for \$249.99 for the Area Entertainment Halloween Event on 10/25/19

Intent: To carry the message by having fun in recovery.

MOTION PASSED

Motion #4

Maker: Tim H

Seconded: Angie

Motion: To accept amended guidelines for the struggling meeting

Intent: Simplify the procedure for struggling meetings to get help from ASC

BACK TO GROUPS

Motion #5

Maker: Susan R

Seconded: Lacey

Motion: To reimburse Dave J \$28.81 for brochure racks and lettering

Intent: To pay the money back and be self-supporting

MOTION PASSED

Motion #6

Maker: Susan

Seconded: Rayce

Motion to reimburse Dave J for Recovery Days booth \$50.00

Intent: to pay the money back and be self-supporting

MOTION PASSED

Motion #7

Maker: Susan R

Maker: Rayce

Motion to reimburse Susan \$30 for candy for recovery days

Intent: to lure people into our booth @ recovery days and to pay back and be self-supporting

MOTION PASSED

Motion #8

Maker: Rosemary

Seconded: Layton

Motion to reimburse meeting list coordinator \$180.51 for Sept/Oct Meeting Lists

Intent: to pay back money paid for by the coordinator

MOTION PASSED

Motion #9

Maker: Jeri D

Seconded: Rayce

Motion is to use \$80 of our approved budget for our event. The event is going to be Laser Tag and a dessert contest. Laser Tag is \$5 per person, per game. Tentative date is 9/22. \$15 will be used to reimburse Rayce for the reservation of West Canyon Park.

Intent: To have fun in recovery and to show the newcomer how awesome being clean is and you can have a blast in recovery.

MOTION PASSED

Cedar ASC Meetings:

October, December

Motion to Close: JR

Seconded by: Rayce

Next Area October 12, 2019 Cedar SWC @ 6:30pm

Minutes typed by Staci

Any corrections please email secretary@nasouthernutah.org

IF YOU DID NOT GET THE MINUTES, THEY ARE ON THE WEBSITE!!! COME TO AREA AND PUT YOUR EMAIL ON THE SIGN IN SHEET!

NA Related Announcements

- **IF YOU DID NOT GET THE MINUTES, THEY ARE ON THE WEBSITE!!!**
- **NA HUMP DAY - still struggling with 7th tradition and general meeting attendance**
- **Glimmer of Hope (Cedar City KKCB 9:30pm-10:30pm Saturday)- Need ATL GSR**
- **Basic Text Study (Cedar City KKCB 8-9pm Monday) Needs an ALT GSR**
- **Living Clean (Cedar City KKCB 8-9pm Wednesday) Needs an ALT GSR**
- **PR Business Meeting Oct 9 @ 6pm at the Elev8 Building**
- **Phone Line Committee Business Meeting Oct 7 @ 6pm at Dave and Rosemary's**
- **Bridging The Gap - Speaker Meeting and Bday Celebration last Saturday of each month at 8pm Dixie Alano Club**
- **Circle of Hope - Monday and Wednesday 7pm @ The Square Need ALT GSR and HOME GROUP MEMBERS willing to serve**
- **Dopeless Hope Fiends - (KANAB SWBH Tuesday at 7pm) Alternating meeting - Step Study, Traditions, JFT, and Speaker (NEED SPEAKERS)**
- **Men's Spiritual Sunday Meeting needs ALT GSR (10am at Dixie Alano Club)**
- **NA NOONER 12th ANNIVERSARY SPEAKER MEETING SEPTEMBER 27th!**
- **CCGC Bonfire Meeting - ask it basket meeting Southwest Wildlife Preserve 9pm (no date listed)**
- **AREA ENTERTAINMENT is throwing a Halloween Event on Oct 26th at the American Legion Hall from 5-9pm. More info will be sent out! SAVE THE DATE!**