

NASU AREA SERVICE MEETING



Date: September 12th 2020

Location: Zoom

Opening: 6:30 PM

Service Prayer: Susan

12 Traditions: Paul

12 Concepts: Brandina

Motion to Accept Last Months Minutes

Motion by: Emilee E

Seconded By: Ryan R

Resolution: Accepted

Attendance

Jason T, Emilee E, Lacy J, Layton E, Paul B, Staci B, Susan R, Brandina V, James A, Andy G, Jeri & Thomas B, Crystal H, Tyson H, Mindy G, Serenity B, Gigig, Christian, Ben P, Ryan N, Rachel D, Shannon C, Rob A, Falene, Jerry C, Dave & Rosemary J , Patrick S, Mellissa V, Angie, Roseanne

Excused: Kellee, Coby H, Griffin S

Executive Reports

CHAIR - Lacey J

Hey Family,

Not much to report this month. I spoke with co-chair Brandina, and we have decided to have her chair area next month. she will likely come to my house so I can be by her side. I would like her to start gaining some experience in case she ever needs to cover for me or is voted into the chair position 6 months from now. I want to remind everyone to please ask for help if you need it when filling out motions especially when you are asking for money and please do not wait until last minute.

Lacey

CO CHAIR - Brandina V

Good evening family, I love you all. I have been praying and reaching out to see how I can best serve you all. I get that this year has been full of new adventures, the wonderful unknowns. I have felt tension, uncertainty, fear, disconnection and isolation. I have had a struggle and I do not think I am the only person who has felt this way. I have been easy to anger. I know our meeting attendance in Cedar is the lowest I have ever seen it in 6 years. People with time I do not see them anymore at meetings. Groups are barely making rent. I get what it is to be in a small town having several service positions in meetings just to keep the meeting open. Kanab I am so inspired by you guys makes my heart full of hope. I get the work you have done and I support you 100% for getting the message of hope across to the addicts who suffer in and out of the rooms. Salina started a new meeting and how our members connected to get them support. I am in awe of our area as a whole seeing our chairs walk through some uncomfortable feelings and conversations. I have reached out to our chairs this month and I see them all doing a fantastic job. The most important person is the newcomer and carrying the message. Isolation feeds my disease and unity keeps me alive. Traditions are still being kept as the message is still being shared that is a miracle in today's world. I am not responsible for my disease, I am responsible for my recovery. I am not responsible for any disease or illness. I am responsible for my own recovery and health. My thought is I can follow guidelines and traditions, work my steps and call my sponsor be of service. It is not my place to tell other people how to work it. I am here to be your humble servant to learn and grow while being the best support I can be for you all as a whole. As unified spirits we create love and hope. Never alone ever again. Please get with me if you have any thoughts or concerns with me as your co chair or if any of you need to talk I am here for you.

Thank You, Brandina

SECRETARY - Layton E

Hey Family,

I'm working on an electronic method of submission for open forum and motions. I will create a motion next month to have these added to our guidelines to make it official.

Love you guys.

TREASURER'S REPORT

Good evening ASC! Hope everybody is healthy and hope that were getting close to meeting in person! So, Jeri is still working on the business license situation. Apparently the letter of good standing from the tax commissioner that we were waiting on went to the prev treasurers home address after asking and stating on the last request to not go there...UGH... So, it's getting faxed on Monday and they are going to fax it back within 5 business days. Then I have to re apply for a business license once I get the letter of good standing. We are in the process of filling out a

TC-160 form to ensure that we are tax exempt for the state of Utah. This will help so much in the future for printing meeting lists and anything that we're paying taxes on. Seems that there has been some confusion on some venmo transactions. We have enclosed the venmo statements from April to current as well as the bank statements to support the venmo transactions. We did edit them but only to remove last names in the spirit of anonymity. There was \$233.02 that was transferred to the bank account on 9/11/20, but it won't reflect until Monday, we dont instant transfers to avoid paying the fees. If you have any questions or concerns please feel free contact me Thomas 435-590-4637. The numbers are below, We need to be mindful of spending. At the end of the day COVID came the convention got put on hold and our bank account reflects that. As always we appreciate the opportunity to serve. Thank you!

Tom n Jeri

	Description	Income	Expense	Check #	Balance
	Balance forward				\$ 7,830.12
8/24/20	Rosemary J mtg list		\$ (104.10)	1199	\$ (104.10)
8/28/20	Steameroller GSR books (7)		\$ (116.49)	Debit	\$ (116.49)
8/31/20	Interest	\$ 0.06			\$ 0.06
9/3/20	Zoom Executive body zoom		\$ (15.92)	Debit	\$ (15.92)
9/14/20	Deposit CCGC campfire mtg	\$ 59.00			\$ 59.00
					\$ 7,652.67
Ending Balance	\$ 7,652.67		Committee Budgets		
Prudent Reserve	-\$1,000.00		PR	\$ 2,820.00	
Operating Reserve	-\$3,000.00		H&I	\$ 600.00	
			CCGC	\$ 59.00	
\$ Available	\$3,652.67		Entertainment	\$ -	
			Executive	\$ 938.83	
			Total	\$ 4,417.83	

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RCM REPORT - Jerry & Shannon

Hello Area,

I don't have very much to report so this will be a short one. NA World Service just put out the new Mental Health In Recovery IP #30 to our fellowship. Some of you were there when we did workgroups on this IP. What an awesome feeling to be a part of its creation. I have included the pdf in my report.

We have our Region 51 General Assembly will be held (via Zoom) on September 19th, all GSRs are encouraged to attend and any member is welcome. This begins at 2:00pm, Meeting ID: 810 5874 7850 and Password: 998818. Our Regional delegate will be going over the results from the 2020 Conference Agenda Report (CAR). I have also included a flyer in my report.

The Regional Service Committee meets this Sunday, September 20th at 12pm (via Zoom) and all are welcome. Meeting ID: 834 3170 8758 and Password: 631865

Thanks for allowing me to serve,
Shannon C.

ENTERTAINMENT - Crystal H

Hi, we had our business meeting, Gigi, Parker, Tyson, Teisha, and I were present. Gigi was voted in as co-chair. We have finalized the details for the campout and are very excited. It will start at 2pm on Saturday the 19th and dinner will be at 6 ish we are serving hot dogs and hamburgers, the campfire meeting @ 8:30 with s'mores following the meeting. We will have breakfast burritos in the am and the Sunday morning speaker will be at 10:00am.

Thank you,

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Crystal H.

H&I - Andy G.

Hello ASC body,

I hope all is well. H&I still has one panel active. Due to the current times we still haven't been able to go into the other panels. I want to apologize for last area. I was out of town for my birthday and there was issues with the zoom meeting we set up. This month we didn't have a meeting. But I did reach out to most of the committee. I hope things get back to normal soon. Thank you for allowing me to be of service.

Andy G

PR Report – Rosemary J

hey everyone, This report is based on the work we have accomplished from the last area meeting to this area meeting.

Number of addicts attending... 6

OLD BUSINESS: 2 NA PSAs have been given to college/university radio stations Dixie University 91.3 and SUU in Cedar City. 93.1 At no cost... We Hope to get schedules stating when they will be aired...jerry will also be looking into Cherry Creek radio stations due to the fact that the digital bulletin board was very expensive. the committee decided to look into the the buses in St George. A money motion will be submitted to address this. This money will come out of the PR funds

As far as the Overcross facility goes I have called . I got back to her and put no response . Therefore, I will call again.

Poster Drive will be happening in St George and Cedar City members reviewing PR guidelines for discussing

Phoneline: Going well

Literature: Will be ordering about 125 IPs and 2 Basic Text

Website: The girls are continuing to update the schedule.. During the pandemic we ask that any changes be given to us at the Area Service Meeting . Once updated they will then be printed .We can't stress enough that our meeting lists need to be accurate ...mailing to GSRs... so that any addict can find a meeting...especially the newcomer

Meeting lists: Were distributed to those facilities and that were open.

open forum: Discussion centered around meeting lists deadline for changes availability of up to date lists If your meeting is at the Alano Club take lists from there... another option is to call Rosemary at 435 668 7404 and we can meet up somewhere OR if it's an emergency you can copy them from our web-site... Contact Brandina about 2 meetings that are changing...looking for information about them

NEW BUSINESS: developed a money motion for bus displays using thoughts from the open forum discussion (sent in to Layton)

position needed to be filled co- chair

MOTION TO CLOSE: Jerry and Dave

NEXT ZOOM MEETING: October 7, 2020 at 6pm 836 605 8764 namaste
thank you stay safe...

SUACNA 13 - Melissa V

SUACNA 13 9/12/2020

Hello Area! Not sure if I will make it back into a phone service area in time for our Area Meeting. So if you don't see me, please excuse me, we are out on a fun filled excursion!

Our SUACNA 13 fundraiser was ULTRA AMAZING!!! I cannot put into words the feeling of gratitude I have for everyone that showed up to be of service, to play, to eat, and/or just to be present! Personally this Event was just what I needed and I heard SO MANY people say the same thing!! It came at the most perfect time and was a blast putting it all together!

The 3 speakers shared their experience, strength & hope with all of us, and they were beyond wonderful!!!

The Dive & Splash competition was a lot of fun!! I believe three prizes were given to the different winners. Sadly, I didn't get to see this part because I had to leave the event with some health issues....So bummed that I missed out on watching the competitions!!

Merchandise had Pre convention t-shirts for sale and sold quite a few. Delanie brought in \$389.85 on the shirts!! Whoop! Whoop!

Entertainment & Fundraising raised \$1150.00 on this event!!!! The E & F Committee is BAD ASS!!! They pulled this all together in a very short amount of time and the end result was Addicts showed up, were fellowshipping, heard a message of hope and raised funds for OUR

convention!!!! We've been through so much these last few months with Covid and I feel like this event showed us a little normalcy!!

Planning for the next bomb ass Fundraiser has begun and I can't wait!! If you missed this past Fundraiser you surely don't want to miss out on the next one!

We have three Committee Chair positions open right now!

-BST Chair - 1 year clean time required

-Arts & Graphics - 2 year clean time required

-Convention Information (CI) - 2 year clean time required

All committee's need help!! I'm sure there are Co Chair & Secretary positions available as well! Just go to the sub committee's meeting and get involved in planning YOUR Convention!

Now is a great time to jump on board with SUACNA 13!! Because we had to postpone our convention until 2021 a lot of "stuff" is already completed!!

Our current bank balance is \$7519.54.

Our next SUACNA 13 Business Meeting is tomorrow (9/13/20) at 9:00AM at Slick Rock Park.

We are always taking NA donations for our Raffle and Auction at the Convention itself!

Thanks for allowing me to serve!

Melissa v.

CCGC - Susan R

Hello ASC!

CCGC had their monthly business meeting last night. We discussed an upcoming event on September 26 at Woods Ranch. 2pm-10pm. We will BBQ hamburger and hot dogs. Dinner will be around 6. We will have 2 speakers at 4:00 and a campfire meeting at 8:00. We will have smores and are asking members or home groups to bring a side dish. There are horseshoe pits, volleyball and a fishing pond. Please support this event and pass the message in your meetings. We will be asking for \$100 for this event for food and pavilion.

We had a campfire meeting at 3 peaks a couple weeks ago and it turned out great! I want to

thank everyone that contributed to making that happen. We brought in \$59 and I gave it to the ASC Treasurer.

We would like to continue every two weeks with a campfire meeting if possible. There is a treatment center that is not able to attend meetings right now. However, they have been letting them go to meetings outside. I know two of the meetings in Cedar City have changed so that there is a possibility they can attend. Saturday Night Glimmer of Hope meeting has changed to 8 pm at the East Canyon Park. The women's Haven of Hope meeting is meeting at West Canyon Park on Sundays at 11 am.

I think that's all I have for this month! Next CCGC business meeting is October 9th at 7 pm, KKCB small room! Thanks for letting me serve!

LITERATURE - Christian W

Hello Family,

Things have been running smoothly for the most part I appreciate everyone's patience as I cant always meet up as quickly as I'd like to especially since I started working out of town. Best options for me is usually the weekend but am happy to attempt to meet up any night of the week. However my schedule is very uncertain. Everyone has been doing well just texted me whatever orders they are in need of I don't feel like I'm running into any issues on this end but if any one seems to be having any problems feel free to let me know. Literature brought in approximately \$368 this month I have not deposited yet but will next week. Thank you for allowing me to be of service.

Best Regards,

Christian W

ADHOC COMMITTEE

No Report

GSR Reports

Group/ GSR	Avg Atd	NC	Donation	Comments
Kanab Groups				

Basic Text Study (Cedar) Dalanie D				No Report
Bridging The Gap Ryan R	10	0	40	
Circle of Hope James A Angela S	40	8	93	This meeting has been self-supporting. Also, doing a change of locations. We will be meeting at the same time. The new location will be at a place called Blues Catz Rock and Roll grill. 307 N Bluff st, Saint George, UT 84770. This change will be happening on the 21st of September. The homegroup members and myself are excited about this new place. Come out and support us. Thank you for allowing me to serve.
Circle of Sisters Mindy G	29	3	0	Meeting is doing well, we are fully self supporting. We will remain in person and on Zoom.
Dopeless Hope Fiends (Cedar) Angela J.	15-20		0	Fully self supporting.
Hold on Pain End Richfield				
Glimmer of Hope Coby H	7	1		We have had an average of 7 in attendance, 1 newcomer, and are self-supporting. The clients from a treatment center here in Cedar City are going to begin attending for the first time, and the meeting is moving to the Canyon Park East in Cedar City. Thank you for letting me be of service

				The meeting is moving to Saturdays at 8PM and tonight is the first night of the change. We voted to change the time and meeting place so that the treatment center would be able to attend.
It Works How & Why Cedar City GSR: Victoria GSR: JILL				
Kanab NA Recovery Group GSR: Bruce Alt: Margret				
KISS Meeting Jen J				
Live & Let Live				
Living Clean (Cedar) Serenity	10		0	Could use support. Self supporting. Had to tap prudent reserve for rent.
Living Clean: The Journey Continues	4		0	On Zoom. Talking about going back to in person. Fully self supporting. Could use support.

GSR Rob A				
Living in the Moment Mark				
Lost and Found Tyson H	40	8	\$30.01	Self supporting. Been getting a lot of people at the meeting. Been going great.
Lost Dreams Awakened Griffin S Alt: Andy G	40	10		Hello ASC body, Lost dreams awakened has grown and is fully self supported. We have had 10+ new comers. Our average attendance is around 40. We meet at sand town park (bluff street park)on Sunday night at 7:30-8:45.
Saturday Men's Meeting Jason T	5	2		Need support
Men's Spiritual Meeting Sunday Ben P	5	1		self supporting, would like more attendance. Meet at the alano club 10AM on sunday.
NA Humpday GSR: Faline ALT: Jason	30	5		Na hump day has moved back to the alano club, we are in the big room at seven pm. It was getting difficult to hold the meeting in the park due to soccer season and the size of our meeting. Our average attendance is 30. We have had five newcomers. We have a new gsr falene and a new alternate csr jason.

Newcomer's Meeting Rachel D	60	7	\$231	Hey friends. So our meeting is still meeting at slick rock park for now. We decided to change our time back to 7:30 as it gets darker earlier. Our home group hopes that the southwest center will reopen soon and I do plan on advocating for our meeting to move back there whenever that happens. We will discuss other alternatives for location at our next business meeting as well.
No Gram Like the Program				
The Nooner Randy W	7	5	\$25	Meeting is self supporting with GSR & Alt GSR open. Every Thursday is speaker.
Promise Of Freedom Group John				
Serenity Sisters				
Staying Alive (Salina)				
Sunday Night Candlelight	15-20	4		
We Unite on Tuesday Night Emily	13	0	20	Our meeting is doing great! We are going to be continuing our in person meeting as well as Zoom through September.

<p>Women's Haven of Hope</p> <p>Kellee</p>	<p>3</p>			<p>Hi my na family I'm kellee I'm an addict so the Womans meeting in cedar is struggling so we have decided to have it outside at the Canyon east park, we are self supporting and have like 3 in attendance. Oh also, This sunday we have a speaker and a little lunch thing come show your support please. Thanks for letting me be of service.</p>
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TOTAL AREA DONATION: \$214.44

Received: \$214.44

Reported: \$439.01

Break

Break Time: 10 Min

Motioned by: Emily E

Seconded by: Tyson H

Re-Open: 7:53 PM

Open Forum

Start Open Forum: 7:55PM

Motion for open forum: 45 Min (8:40)

Motioned by: Jerri D

Seconded by: Tyson H

Added By: Rosemary J

Position: PR Chair

Topic: meeting list changes

Added By: Rosemary J

Position: PR Chair

Topic: displaying information on buses

Added By: Rosemary J

Position: PR Chair

Topic: PSAs at colleges

Added By: Susan R
Position: Chair CCGC
Topic: Motion for \$100 for our event on Sept 26th

Added By: Thomas B
Position: Member
Topic:In person meetings

Motion for more time @ 8:40

Motion By: Tyson H
Time: 5 Min

Added By: Serenity
Position: CCGC
Topic:We are asking for a budget of \$535. \$275 for campout, \$100 for food for events, \$80 in misc, \$80 in park fees

Open forum ends at: 8:41

Old Business

Motion #1

Maker: Mindy G
Seconded: Rachel D

Motion: Add an entry to the guidelines in Article XI -> Section 2 -> d (4):

When a motion is made at Area we request that the intent is detailed. If there is money involved an estimated cost breakdown and where the money is going to come from.

Intent: Our intent is for when a motion is sent back to groups, we, in good conscience, can vote on the motion, because we have all of the necessary information.

Amendment By Jerry: To make this a part of the area guidelines.

Resolution: **Passes / 14 +**

Motion #2

Maker: Jerry C
Seconded: Ryan R

Motion: To accept Policy Committee guidelines as written by the AdHoc committee

Intent: To establish the group approved policy committee

Resolution: **Passes / 11 + , 1 Abs**

Motion #3

Maker: Susan R

Seconded: Rachel D

Motion: To accept guideline changes for CCGC

Intent: To have guidelines that match with the changing structure of CCGC.

Resolution: **Passes 9 + / 6 Abst**

Motion #4:

Maker: Bruce

Second: Ryan N

Motion: To adjust the format of the motion form so that when a motion is made if it is for funds they have to say what the intent is, which budget it is coming from, and the purpose.

Intent: To provide groups with sufficient information to make a decision

Resolution: / / **Table**

***This motion was submitted without the suggested form change.**

Motion #5:

Maker: Gigi

Second: Ryan

Motion: I would like to make a motion to keep our budget at \$1,200, the same as last year. Our first event will be our highest expense for the year and we will try to do more cost effective events to follow.

Intent: to bring unity to our area and keep our unity alive during these difficult times. We are Unsure of how many events we will hold for the year at this time. We have a campout set for September. We most likely will not use all of this money by the end of the year.

Resolution: **Passes 10+ / 3- / 1 Abst**

Motion #6:

Maker: Crystal H

Seconded: Tyson H

Motion: \$350 for enterprise campout. Please see the Entertainment Committee report for details on spending.

Intent: To carry the message to the newcomer and provide a free place to connect to other addicts in recovery and show that we can have fun and stay clean.

Resolution: **Passes 13+ / 1 Abst**

New Business

Motion #1: to display posters and cards providing NA information on Sun Tran buses not to exceed \$200.00.

Maker:Rosemary J

Seconded: Ryan N

Intent: To provide NA information to the sick and suffering addict, as well as, people in the community to let them to let them know we are here, especially during this pandemic.

Resolution: Passes 13+

Motion #2: to reimburse the literature coordinator for \$9.70 for mailing Meeting lists to Cedar City and Kanab

Maker: Rosemary J

Seconded: Mindy G

Intent: reimbursing the lit chair the money he already paid to mail the lists.

Resolution: Passes 15+

Motion #3: CCGC is motioning for \$100 for our event on Sept 26 we will be using this for the food and the pavilion

Maker: Serenity R

Seconded: Falene

Intent: Intent is to share the message of freedom from active addiction and show love to the fellowship.

Resolution: Passes 14+

Motion #4: We are asking for a budget of \$535. \$275 for campout, \$100 for food for events, \$80 in misc, \$80 in park fees

Maker: Serenity

Seconded: Falene

Intent: To have a set budget for CCGC

Resolution: BACK TO GROUPS

Motion #5: Dissolve the Policy Ad Hoc Committee

Maker: Jerry C

Seconded: Rachel D

Intent: The policy committee is now voted in

Resolution: Passes +13

Back To Groups

Motion #4: We are asking for a budget of \$535. \$275 for campout, \$100 for food for events, \$80 in misc, \$80 in park fees

Maker: Serenity

Seconded: Falene

Intent: To have a set budget for CCGC

Resolution: BACK TO GROUPS

Closing

Motion to Close:

Seconded by: Gigi R

Next Area

Date: Oct 10th 2020

Location: TBD

Minutes composed by Layton E

Any corrections please email secretary@nasouthernutah.org

NA Related Announcements for August 2020

- NA Hump Day has moved to 7 pm in the big room at the alano club
- Friday Night Newcomers is now being held at 7:30 and still at Slick Rock Park
- NASU Campout will start at 2pm on Saturday the 19th. Dinner will be at 6ish, we are serving hot dogs and hamburgers, the campfire meeting @ 8:30 with s'mores following the meeting. We will have breakfast burritos in the am and the sunday morning speaker will be at 10:00am.
- Please bring nominations for chair of the new NASU Policy Committee to ASC next month. Chair Qualifications:
 - Two-year clean time requirement
 - Working knowledge of the 12 Steps, 12 Traditions, 12 Concepts, and parliamentary procedure
 - Prior ASC experience or regional service
 - Willingness and patience to work with others
 - Ability to give time and resources to the position
 - This is a two-year commitment

Policy Committee guidelines

Responsibilities

1. Research and seek guidance in gaining a better understanding of the 12 Traditions, 12 Concepts of NA Service, World Service Guidelines, Bulletins, and other information as it is developed.
2. Develop proposed ASC guidelines to be considered for approval by NASU groups
3. Compile and, maintain all approved guidelines
4. Maintain past and present motion lists organized by position and committee
5. Review al, past and present motions (and all other business) that requires clarification
6. Meet as often as necessary to facilitate NASU business
7. Attained the NASU ASC and provide a written report for inclusion in the area minutes
8. Schedule committee meetings, set an agenda, and send a report to the NASU ASC secretary

Chair Qualifications:

1. Two-year clean time requirement
2. Working knowledge of the 12 Steps, 12 Traditions, 12 Concepts, and parliamentary procedure
3. Prior ASC experience or regional service
4. Willingness and patience to work with others
5. Ability to give time and resources to the position
6. This is a two-year commitment

Vice Chair Qualifications

1. One-year clean time
2. Assume the chairperson's responsibilities in their absence

Secretary Qualifications:

1. Six months clean time
2. Maintain committee reports and minutes