



# NASU AREA SERVICE MEETING

April 9, 2016 KKCB Meeting Hall

Cedar City , UT

**6:32pm Meeting opened by Jon G. with Serenity Prayer.**

**12 Concepts read by Leslie 12 Traditions read by Rosemary**

**Motion to accept minutes - Shannon**

**Seconded by Patrick**

**Passes**

**Attendance: Jon G, Rick R, Rosemary J, Dave J, Chalise A, Jennica J, Tysen J, Patrick S, Jen J , Lisa G, Rob R, Travis I, Josh B, Mikey N, Thomas B, Susan R, Baron W, Jerry c, Shannon C, Jessica W, Leslie H, Makayla H, Eric M, Christine R**

## Executive Reports

### **Chair [ Jon G ]**

Hello everyone,

Last month, there was a concern brought to our attention about meetings held at the Switchpoint which were possibly violating our traditions. I emailed the Switchpoint director and informed her about those concerns in hopes she would address them with her staff. She replied back and let me know she would take care if them. Thank you for allowing me to be of service

Jon G

## CoChair [Leslie H]

Hello Area Committee,

I have been able to attend the PR meeting for this month. I am sure you will hear in the PR report how diligently the committee is working.

I was also able to create a google document for Area Inventory. Any sub-committee of area that has literature, and a stock on hand will be able to use this form. If your committee would

like to be added to the document, or if you would like me to send you the document, please let me know. With the document, it is all set up to calculate the dollar amount we have on hand. All

that needs to be done, is the number or said item. The computer program will do the rest. I think it will ease the pain, and process of keeping this organized, and less of an issue in the future

to come. As our area is growing, so is our inventory. We are all trusted servants, and all our work is done with such an open heart and selfless service. As I took on the role of PR for last month

I felt, first hand what it was like to count IP after IP. I understand the pain :) With that being said, I also feel it is important to have a detailed inventory of our funds, and our literature.

It has also come to my attention that an executive member of Area is not able to hold a GSR position. I have stepped down from that position in my home group, however, I have looked

through our guidelines, and so has a few other people I have spoken to about the situation, and we are unable to find that information in our guidelines. It is my suggestion to either update

the guidelines with this particular situation, as to not cause the same confusion in the future. Also, if there are any sub-committee members that need my support, please do not hesitate to

contact me, I would gladly be of service where I am needed.

Thank you for allowing me to be of service

## Secretary [Christine]

Hey everyone,

The minutes went out and so far no one has pointed out any changes that need to be made. I have created a calendar for the fellowship to access. Everyone who was at area is able to view the calendar. The way to

get the calendar to your phone is go to your Gmail calendar, under the menu ( which is 3 vertical dots ) click "Calendar" you should be able to see all the calendars that are available to you. The NASU calendar should be one of them. If anyone has problems with this please see me and I am happy to help. The fellowship only has the ability to view the calendar. The only people who can edit it are the secretary, the chair and SUACNA secretary. I have also uploaded all forms into the secretary's google drive. I am asking if anyone is not added to the calendar or if anyone is not receiving the minutes please let me know.

## **Treasurer [Mikey N.]**

Hello Everyone, Thanks for everyone coming to cedar for area.

lets cover the numbers . Our previous balance was 3224.20. We has 260.46 in income for the month. There were 1728.63 in expenses for the month. I paid our 20 for GSR reimbursement, 100 in meeting list, 85 in poster for PR reimbursement and 26 for new group packets to lit. our current balance is 1756.03.

thanks for allowing me to be of service

Mikey N.

## **RCM [Rick R.] .**

Hello Everyone,

I hope that everyone that went to the CAR report found it formative,

I appoligise for reporting that region would of been held before the CAR report. Region changed it and we were not informed about the change. As it turned out Region was not held. So therefore I have nothing else to report.

## **Entertainment [Dale B.]**

4/4/2016 Planning Meeting – 7:15pm – Alano Club

Attendees: Dale B, Jessica W, David O

Dale suggested that we keep the activity simple and asked to vote on time, meeting format, food, start time of 7:30 on May 21.

MOTION:

- Kick-off event to be held on May 21 at 7:30 pm at Dixie Rock. The event will consist of dinner (food on a stick over the fire) followed by s'mores and meeting. Budget goal is \$200
- o Motion by David O
- o 2<sup>nd</sup> by Jessica W
- o PASS, unanimously

Dale asked to decide a topic for the meeting. Jessica looked up the JFT for May 21--keep coming back.

#### MOTION:

- Meeting topic: "Freedom From Active Addiction"
- o Motion by David O
- o 2<sup>nd</sup> by Jessica W
- o PASS, unanimously

#### ASSIGNMENTS:

- Research Pricing, as follows
- o Jessica W. research vegetarian options, skewers
- o David O. research animal protein options, buns, and condiments (relish, ketchup, mustard)
- o Dale B. research cost for the facility, s'mores, and water
- o Napkins, paper plates, utensils and firewood to be donated ??BY WHOM?? ??WHO WILL RESEARCH??
- Research Facility Availability: Dale

## H&I [ Christine R ]

- Hello everyone H&I met yesterday at 6pm at the swc.

we voted in a new co chair - congrats Jessica.

We still have open positions for Purgatory women's panel leader

Thank you for allowing me to be of service.

## Outreach [Jen J.]

Hello,

Outreach met Friday, April 8th at 5 pm. We had seven in attendance. We motioned in \$700 for our budget including \$150 for ips, \$100 for copies/posters, \$300 for gas and \$150 for miscellaneous.

We tabled the fundraiser for struggling meetings pending discussion at area and input from said struggling groups.

We are going to the Spiritually Awake Wednesday 7 a.m. meeting on April 13th at the Alano Club, Living in the Moment Thursday the 21st 6 p.m. at the Alano Club and Sunday the 24th 11 a.m. in Cedar City for the Women's meeting.

Thank you for allowing me to be of service....

Jen J

## PR [Jerry C ].

April 2, 2016

Meeting was held Sunday April 2 at 1:00pm at Leslie H's house. In attendance were Jerry, Christine, Leslie, Matt, Shannon, and Scott. The first order of business was the phone line. Phil had the phone this past month and he had 17 calls. One of his calls was from a struggling addict that he spent over fifteen minutes with. Phil ran out of minutes during the month and he had the phone replenished with minutes out of his own pocket. He reported that he lost the receipt and that he donated the \$30 to have the phone replenished. In addition, Phil reported that the phone is struggling to hold a charge. The PR committee discussed this issue during open forum and made two motions that will be discussed tonight during open forum at the ASC. The phone this month is being carried by Scott D. The phone line chair, Eddie, has been excused from the last two PR meetings due to illness. There will be a phone training every three months for all those that meet the clean time requirement and for those interested. The first training will be April 19<sup>th</sup>, 7:30pm at Bummers house. If you don't know who Bummers is get with me during the break. A phone line guide will be handed out with the phone every month for those that need additional guidance. Matt Y. was motioned as the PR secretary and the motion passed.

The following reports were given during the meeting:

Meeting List Report April 3, 2016

The following changes were made to the March meeting lists

There was a new meeting added in Kanab, GSR Ashley D.:

Tuesday 7:00 PM (Open)

445 N. Main St.

(Southwest Behavioral Health Center)

There was a new meeting added in Cedar City, GSR Baron W.

Fresh Start (Open, Topic)

Sunday 7:30

2443 W. 900 N.

(Care and Share Emergency Shelter)

Various formats were changed for NA ROX

Various typos were corrected

The updated list was sent to the Area Web Coordinator and 500 Lists were printed

The following changes have been made to the April meeting lists

Open and Closed clarifications were removed

Never Alone Never Again meeting was deleted

There was a new meeting added in Cedar City, GSR Brandina G.

Women's Spiritual Haven of Hope

(KKCB)

Circle of Hope was changed back to Slick Rock Park, 8:00 PM

The updated list was sent to Staples for printing and the updated list was sent to the Area Web Coordinator. 525 lists were printed.

March lists were distributed to GSR's who attended the March ASC.

Lists for Kanab and Richfield were mailed and lists for Mesquite were delivered in person to the Mesquite GSR, John B.

Lists for all locations within the St. George and Cedar City community were delivered within 10 days of the March ASC.

The following locations have been added since the March ASC:

Shadow Mountain Detox in St. George

Sheriff's office in Cedar City

Outline for Monthly Report created

Note: registrations for SUACNA were included with meeting lists

Goals from last month have not been met.

Goals this month:

1. Ideas for other locations (state court house, pain clinics)
2. Place posters
3. Place remaining racks
4. Find additional people for Brandina and Scott

Web servant:

The website is going well. To date all meetings and announcements are up to date. I know that this position is going to be filled and I'm sad to give it up, the website has become my baby but I know it will be on great hands. I'm willing to give up all the passwords and train as much as needed. I'm always available to help. Thank you for allowing me to be of service  
Christine R.

The literature was turned over to the PR chair and no literature was distributed this past month. The literature inventory sheet is attached to this report and a running current inventory sheet will be attached to the PR report every month. I want to thank Leslie H for making the inventory tracking and making it so simple that everyone can use it. The next PR meeting will be May 7<sup>th</sup>, 1:00pm at Leslie H's house.

Thanks for letting me help out

Jerry C

## **SUACNA [Tysen J.] .**

Registration available at Nasouthernutah.org. SUACNA is getting close therefore we are now doing our SUACNA meeting every other Sunday until the convention. We have voted in new BST chair Mason R. Things are going well our next fundraiser is 12 steps 12 speakers spaghetti cook off. April 23rd 3-8pm at the SW center. Tickets 5 single, 8 couple, 10 family. Best sauce and noodles from a homegroup wins a free basic registration. Please come be a part of. SUACNA balance is \$6,711.67. Thank you for allowing me to be of service.

Tysen J

PS subcommittees can use more support a lot more support.

## Literature [Eric M.]

Tonight we sold 341.00 in lit. 4 4 16 lit. account balance was 843.07. We placed an order this month for 80.92. On 3 19 16 a deposit was made for 257.00 please include your group's name on the orders that you send me. Thank you for allowing me to serve.

## GSR Reports

Group/ GSR	Avg Att	NC	Donation	Comments
Basic Text Study (Cedar) Thomas B	8	2	4.00	Need alt GSr, Attendance is down Still self supporting
Bridging the gap Travis I	13	3	20.00	Self supporting attendance is steady, meeting is going well.
Circle of Hope Chalise A	34	18	0	We are barely fully self supporting - we are moving to the Slick Rock park on April 11th at 8pm. We are in need of home group members. We currently have service positions available, chairs for both nights.
Circle of Sisters	28	5	0	We have an average of 28 women in attendance, 5 New Comers for this month. Due to a donation that was made and the support we are getting, we have been able to remain self-supporting. We are purchasing key tags. We did vote on the motions and will be able to carry that vote. We are in need of a GSR and home group members. Our group will be participating in the SUACNA 9 spaghetti spectacular event. At this time Christine R. will be carrying the vote for the meeting until we can find a new GSR, due to my current position here at Area I have had to step down from this commitment. Thank you for allowing me to serve, Leslie H.
Cope Without Dope (Kanab)				

Dopeless Hope Fiends (Cedar) Susan	25-30	3	0	Self supporting, Last sunday of the month is a speaker mtg. We are looking for names and numbers of NA members with 1 year clean time who has a clear NA message to speak.
Fresh Start (Cedar) Baron	3	0	0	Slow and Lonely
Hold On Pain Ends				
Hurricane Sunday Night				
It works; How & Why (Cedar) None	30	4	0	In need of support, open positions, self supporting
KISS Meeting Tysen J	15	2	0	Meeting is self supporting we have a great solid group of people that attend regularly.
Live & Let Live (Cedar)				
Living Clean (Cedar) Baron	12	2	5.00	Grand and Happy
Living in the Moment Jessica W	14	4	0	April 21st we will be celebrating Mark with 31 years, cupcakes will be served. All service positions are filled. We met our prudent reserve.
Living Clean the Journey Continues Rosemary	12	2	39.50	This group is fully self supporting. It could ue committed home group members.



Men's Meeting (Saturday) Dave J	13	2	3.00	Meeting is self supporting and doing well.
Men's Spiritual Meeting (Sunday)				
Mesquite Meeting				
NA Rox Shannon C	15	10	39.95	Meeting is self supporting all positions are filled :)
Newcomer's Meeting Jordan	65	5	81.37	
Never Alone Never Again Jen J	10	5	0	Closed the meeting. Donated our final balance of 21.69 and our key tags.
Recovery NA Rainbow Rob R	13	8	39.00	Hello friends - Recovery NA Rainbow carries a strong message of recovery. Our meeting has an open secretary position. Our group is fully self supporting. All are welcome to attend.
Sisters of Hope (Richfield )				
Spiritually Awake				
Sunday Night; Love and Light (Salina)				
Sunday Night Candlelight Josh B	55	8	7.95	Fully self supporting and all positions are full.

We Unite on Tuesday Night Mikey N	11	1	11.24	We are in need of support for service positions. We need GSR, Treasurer, chair
Women's Spiritual Haven (Cedar) Susan R	5	0	0	First meeting went well. We do have a GSR, a treasurer and chair. We did a group conscious and decided to read from the JFT book. All is well :)
New Kanab Meeting Ashley D				

## End Group Reports Break

**Open Forum @ 7:22pm Open forum is verbatim, there is a voice recording available to anyone who would like to listen.**

**★Jerry - Pr new phone plan 50 a month vs 30**

**The person who had the phone last month ran out of minutes, we would like to upgrade the plan for more minutes**

**Still through verizon**

**Want to keep the same number**

**Can we keep the number and do a ghost line? forward calls to their personal cell phones**

**- I spoke to the person who had the phone line last month, He answered several calls from the Las vegas region directing**

**them to meetings in their area because region did not answer the phone. He also directed them to our website to find meetings.**

**- I think we should do our due diligence and find new plans and get 3 bids. We have a new subcommittee and we should be looking at different options.**

- We had 17 calls last month. Spending 50 to help save addicts is not much
- It seems to be each phone is about 50 a month. If this opens up the door to help more addicts, spending a few extra dollars a month is worth it.
- Do the guidelines state that that we need 3 bids? No

**★Jerry C - Budget for PR 3,000**

Is the money coming from region? Half of it.

1500 from area and 1500 from Region.

We are asking for a 3000 budget.

**★Jerry - Motion for a new phone not to exceed**

**★Leslie - Guidelines about executive members being GSR**

Its not there, I don't see it

As a co chair I can not be a gsr and the co chair, it's not clearly stated in the guidelines.

- when we redid the guidelines we didn't put it in the guidelines on purpose
- The secretary, treasurer can hold a GSR position.
- As long as they can carry a vote. You can not carry a vote if Jon was not here and you could not vote.
- SUACNA chair can not be an executive body member.
- It used to be in there, but we took it out.
- So a part of the executive body can be a GSR
- Can we take it back to groups and see what they say?
- There is a safeguard in our guidelines - section 7
- Is everyone ok with me(christine) being a GSR and carrying my groups vote even as I am secretary.
- If a home group nominates a GSR they are they GSR but we can say if they vote or not.

- Mikey are you a GSR and an executive body member.
- The reason the GSRs have the votes and the executive body can not vote, we are trying to give the groups the power and the vote.
- The reason is because the executive body used to have a vote.

**★David for Dale for 1,000 budget**

- They discussed possible events, and members.
- \$200 for the kick off event of this annual cycle - a bon fire at dixie rock on May 21st at 730pm . We will have food on a sick, then a meeting the topic of the meeting will be freedom from active addiction.
- Thank you for looking at a calendar for conflicting events. If you could look at the vegas calendar to see if the vegas fellowship could come and get involved.
- Dale and David do not have the clean time to handle the money
- Mitch will be handling the funds until Dale gets the clean time.
- Dixie Rock is a public place so if someone would want to keep their anonymity, this would not be a good venue.

**Open forum closes @ 8:15pm**

16 GSRs present

## Old Business

Maker: Thomas

Seconded : Leslie

To set aside a reserve to help struggling meetings adhoc committee created in order to do this.  
Intent to keep meetings alive.

-Ad hoc meeting did not happen what do the groups think.

-The outreach did not do a fundraiser for struggling meetings.

-The ad hoc needs to set up the stipulations: we need to find solutions.

-Other areas, in the summer meetings die off - what they did was hold their money all year long to

-cover rent during the struggling months.

-Our group had the same concerns - how long do we cover the group? we did vote no - suggestions were don't supply key tags, meet in a smaller room,

-our concern is the motion is not specific - who decides who gets what? when we start not agreeing upon things it diverting us from our primary purpose

-can we attach something to our guidelines that struggling meetings can go through - how can we help - what can we do? If God's in charge and a meeting

has to continuously be backed up - Gods in charge.

-Last month at the meeting I was opposed to the idea - the new traditions book came out and it has changed my mind.

A Vote was taken on this to determine if we should move forward with this topic.

For - 8 Opp - 6 1 Abst

Passes

**Motion 2**

**Maker: Jerry C**

**Seconded by Shannon C**

**To allow CCGC to become a sub-committee of NASU**

**Intent: To Create Unity**

**For - 16    Against - 1    Abstained -**

**Motion Passes**

## New Business

Motion 1

Maker: Christine

Seconded: Baron

H&I Budget of \$1,500

Intent: Carry the message

Back to groups

Motion 2

Maker: Jen J

Seconded: Lisa G

Outreach budget \$700

\$150 - ips , \$100 - copies, \$300 - gas, \$150 - misc

Intent: to create a budget for the year

Back to groups

Motion 3  
Maker: Jerry  
Seconded: Shannon

To have PR's budget set at \$3,000

Intent: To support PRs outreach growth and opportunity.

Back to groups

Motion 4  
Maker: Davod O  
Seconded: Shannon C

Annual budget of \$1,000 for area entertainment

Intent: To attract addicts to a new way of life by carrying the NA message through activities. The budget for this term was modelled after the previous term budget.

Back to groups

Motion 5  
Maker: Jerry  
Seconded: Shannon

To purchase an unlimited text and minute plan from Verizon in the amount of \$50.00 a month

Intent: Due to the growth of the PR outreach, we need to be able to support the various lengths of phone calls we are receiving.

Back to groups

Motion 6  
Maker: Jerry  
Seconded: Shannon

To purchase a new phone not to exceed \$5.00

Intent: To have a phone that holds a charge

For - 17 Against - 0 Abstain - 0

Motion 7  
Maker: David O  
Seconded: Shannon

Seek funding of \$200 for the first event of the annual term.

Intent: Several meetings of the area entertainment sub-committee were held and an event was planned and unanimously approved. The event will be a bonfire with food on a stick (hot dogs, veg skewers) followed by a meeting w/ topic freedom from active addiction. And smores.

For - 14 Against - 3 Abst - 0

Motion 8  
Maker: Eric  
Seconded:

Motion for \$2,000 budget for literature.

Intent:

Back to groups



# Elections

H & I

**Nominee: Wade**

**Nominator H&I Body GSR 2nd: Leslie**

**For - 16 Against - 1 Abstained - 0**

**Congrats Wade !**

Motion to Close ( There was a lot of commotion during this time - I apologize for not catching who motioned to close - Christine )

Motion for next area to be in St. George by : Christine Seconded by Shannon

Passes

**Next Area May 14th at the SWC at 6:30pm**

Minutes typed by Christine R.

Any corrections please email [secretary@nasouthernutah.org](mailto:secretary@nasouthernutah.org)