



NASU AREA SERVICE MEETING

March 12, 2016

Hurricane Museum Basement

Hurricane , UT

6:32pm Meeting opened by Jon G. with Serenity Prayer.

12 Concepts read by Cason

12 Traditions read by Becky

Jon G.-We need to get a motion to accept the minutes with one change. The motion to vote on the CCGC becoming a subcommittee of our area was only for discussion and not up for a vote.

Motion made by : Jeff G

Seconded by : Patrick

Attendance: Jon G, josh, susan, brandina, jen, lisa, rick, shannon, becky, jerry, chalise, brandon, kason, jeff, eric, travis, baron, thomas, christine, patrick, scott, mckayla, cindy, keith, maegan, wade, mary, rob, jennica, mikey, mason, jessica, leslie

Executive Reports

Chair [Jon G] Hello everyone, I hope all is well!

I had the opportunity to attend the pi/PR meeting as well as the h and I meeting this month. I would like to say there were quite a few people in attendance at both meetings. It's awesome to see so many people willing to be of service.

I would also like to mention a conversation I had with a member of N.A. from out of town who was here visiting. This member told me how impressed he was with our website and how up to date it was. He informed me he had gone on our website a few months ago trying to find meetings in our area for his vacation. And when he checked our website again just before he left for vacation, he had stated everything

was different and he was grateful how on the ball our webservant is. Thank you for allowing me to be of service

Co-Chair - [Leslie H] - Vice Chair Report - March 2016

First I would like to thank all of you for allowing me to be your trusted servant for our area. It is an honor and a privilege to serve with all of you. I would like to start out by saying that my first month in office has been full of many new service opportunities for me. I have stepped into the PR position. This month we held a business meeting where I asked all those with service positions on this sub-committee to submit a written report. With that being said, the phone line, web servant, and meeting list liasion all submitted a report. I will attach those to this report as well as mine.

Phone Line Coordinator:

Due to my recent employment, I have to give up my position as phone line person (meaning I can not hold the phone). During the time I had the phone, the monthly plan and number of minutes worked out well. I answered all calls and told people where they could locate a meeting. I took approximately 5-10 phone calls. I will still remain the phone line coordinator, but can't answer the phone due to work. Verizon Prices: \$15 for 300 minutes \$30 for unlimited minutes per month. Phil will have the phone for the month of March. Next meeting will be on Thursday March 17th at Eddie's home.

Web Servant:

Hello everyone,

The website has had many changes this month.

1. You may now register for SUACNA online. This is all done through paypal. I have created an entire page for convention information and then a separate page with all of the pay pal buttons.
2. The "Meetings" page has changed dramatically. It is now an interactive search tool. You can search for "newcomers" or "women" or by day of the week or by facility. Each meeting has a map guiding you to the meeting.
3. Mikey N and I have worked on the google non profit account. To be able to associate each email with our specific domain and website, he and I did some work and placed a meta tag on our homepage. We are now able to use "chair@nasouthernutah.org" and many other email addresses associated with our website. I apologize for not being able to make it to the PR meeting today, please accept this report and my apologies for not being present. If there are any questions I am available by phone.

Thank you for teaching me how to serve,

Christine

Meeting List Liason:

Report from Scott Draper, Meeting List Chair - 03/06/2016, Amended 3/9/16

I took over as Meeting List Chair in early January, before January ASC. The first thing that was done was to set up a filing system for meeting lists, records, and related paperwork. In the past, meeting lists were kept in envelopes, which had names of groups and names and addresses of locations for lists within the community, as well as the number of lists for each entity.

The Word document for the meeting lists was obtained from Crystal H., as well as the instructions on how to prepare and send the updated document to Staples for printing. [Crystal, by the way, has done a stellar job of keeping the meeting lists updated and has sent them to Staples for printing for the last six years despite her busy schedule]. Lists were made of groups, GSR's, locations, and times for meetings. GSR emails and contact info is still being gathered. A checklist of places in the St. George community was created to make it

easier to deliver lists. Seeing all locations in one place at the same time should make it easier to get ideas for more locations for meeting lists and makes delivering easier as well.

The old meeting list was updated and sent for printing. There have been substantial changes to the list from December 2015 to March 2016 (see attached meeting list). At the February ASC, the GSR's were asked to dispose of all old meeting lists. This will be reiterated in an email to be sent before the March ASC and at the March ASC.

In the past, 350 lists have been printed; however, after adding the number of lists on the envelopes, 356 were needed to fill all of the envelopes.

Two things became quickly apparent:

- 1) There were no lists set aside for the Alano Club Rack
- 2) There were no meeting lists in Cedar City other than at the KKCB.

For example, at AP&P and the court house, as we have in St. George.

An additional 100 lists were printed and group lists were distributed at the January ASC and lists were distributed in the St. George community.

Also at the January ASC, Brandina and Baron were approached to put lists in the Cedar City community. They were both excited and more than willing. By the February ASC, they had placed racks with IP's and meeting lists at the homeless shelter, one on the men's side and another on the women's side and meeting lists at the following locations: Canyon Creek Women's Crisis Center (in-house and transitional center); AP&P; The Iron County Jail; and the Youth Detention Center. Brandina will be inquiring about placing lists at the Health Department, the hospital ER and pain clinic.

For the February ASC, 475 lists were printed. All groups received their lists (including Cedar City groups), except Richfield, Kanab, and Mesquite. Lists were later mailed to Richfield. Cedar City actually received an additional 60 to place in their community. An additional 50 were used for new racks in St. George. Lists were also distributed in the St. George community.

As a correction to the February NASU Area Service Meeting Minutes, we now have 20 locations in St. George community we are distributing meeting lists. There are 6 locations in the Cedar City community we, (the Cedar City fellowship), are delivering meeting lists.

Meeting Lists have been printed for the March ASC

Items that still must be addressed in preparation for the March ASC (and continuing):

- Contact Richfield for clarification on group names and GSR's
- ? Are all groups called HOPE? And which one is the women's meeting?

The only contact information I have is Doni M.

- Email sent to GSR's – emails into computer
- Contact with Cedar

Goals for the future

1. Ideas for other places – i.e. State Court House; Pain Clinics, etc.
2. Place posters
3. Place remaining racks

Location of Racks and Meeting Lists below:

Agency	Address	Notes
	St. George	
Free Clinic	1036 E Riverside Dr. St. George 84790	5 RACK
OCHI Drug Testing	585 E Riverside Dr. #203 St. George 84790	5

DAT Testing	368 E Riverside Dr. St. George 84790	5	
Anytime Testing	175 W. 900 S. #5 St. George 84770	5	RACK
St. George Rec Center	285 S 400 S St. George 84790	5	
Methadone Clinic	620 S 400 E St. George 84790	10	RACK
Justice Court	87 N 200 E St. George 84790	5	
Police Station	265 N 200 E St. George 84790	5	
Youth Crisis Center	251 E 200 N St. George 84790	10	RACK
DCFS	178 N 200 E St. George 84790	10	
Dove Center	1240 E 100 S Suite 221 St. George 84790	5	
Turning Leaf	1240 E 100 S Suite 101 St. George 84790	5	
Dixie Regional Medical Center ER	1380 Medical Center Dr. St. George 84790	10	
DSU - Union Center (Gardner Bldg.)	225 S 600 E St. George 84790	5	
DSU - Wellness Center (Larkin Bldg.)	34 N 600 E St. George 84790	5	
Work Med	385 N 3050 E St. George 84790	5	
AP&P	620 S 5300 W #247 Hurricane 84737	10	
Sherriff's Office	620 S 5300 W Hurricane 84737	10	
Purgatory	750 S 5300 W Hurricane 84737	15	
Youth Detention Center	330 S 5300 W Hurricane 84737	5	
Cedar City			
Care & Share, Women's Side	140 E. 400 Cedar City 84720	5	RACK
Care & Share, Men's Side	140 E. 400 Cedar City 84720	5	RACK
Canyon Creek Women's Crisis Ctr.		5	
AP&P	356 S. Main St., Cedar City 84720	10	
Iron County Sheriff, Jail Division	2136 N. Main St., Cedar City 84721	10	
Youth Detention Center		5	

I was able to complete a detailed inventory of all the IP's and literature and racks that were given to me as of today. Below is the inventory:

Inventory PR/PI as of March 12, 2016						
Description	Item No.	Quantity On Hand	Unit Price	Total		
8 slot rack	9053	2	\$20.80	\$41.60		
16 slot rack	9054	1	\$26.15	\$26.15		
#13 By Young Addicts, for Young Addicts	3113	16	\$0.31	\$4.96		
#27 For the Parents or Guardians of Young People in NA	3127	112	\$0.31	\$34.72		
#1 Who, What, How and Why	3101	37	\$0.24	\$8.88		
#2 The Group	3102	6	\$0.31	\$1.86		
#5 Another Look	3105	365	\$0.24	\$87.60		
#6 Recovery and Relapse	3106	516	\$0.24	\$123.84		
#7 Am I an Addict	3107	520	\$0.24	\$124.80		
#8 Just for Today	3108	16	\$0.24	\$3.84		
#9 Living the Program	3109	252	\$0.24	\$60.48	*1 damaged it would be 253	
#11 Sponsorship	3111	217	\$0.24	\$52.08		
#14 One Addict's Experience with Acceptance, Faith and Commitment	3114	434	\$0.24	\$104.16		
#16 For the Newcomer	3116	523	\$0.24	\$125.52		
#21 The Loner Staying Clean in Isolation	3121	480	\$0.31	\$148.80		
#22 Welcome to Narcotics Anonymous	3122	568	\$0.24	\$136.32		

#23 Staying Clean on the Outside	3123	520	\$0.24	\$124.80		
#29 An Introduction to NA Meetings	3129	410	\$0.24	\$98.40		
#26 Accessiblity for Those with Additional Needs	3126	4	\$0.24	\$0.96		
#24 Money Matters Self-Support in NA	3124	9	\$0.53	\$4.77		
#20 Hospitals & Institutions Service and the NA Member	3120	1	\$0.24	\$0.24		
#24 Hey What's the Basket For?	3124	1	\$0.24	\$0.24		
#17 For Those in Treatment	3117	544	\$0.31	\$168.64		
NA Groups and Medication	2205	150	\$0.31	46.5		
NA Little White Booklet	1500	4	\$0.75	\$3.00		
Information about NA	1002	9	n/a			
Self Support Principle and Practice	n/a	2	n/a			
An Introductory Guide to Narcotics Anonymous	1200	130	\$2.00	\$260.00		

We have a total of \$1,793.16 in literature as of today, or what I have in my possession.

I was told that Emma has a rack, and the Eddie would pick that up from her. He informed me he has been really sick, I am not sure if that rack has been picked up. We discussed a new guideline change, we will be putting in a motion to have the phone line training every 3 months, starting this month. We also voted to have phoneline guidelines given with the phone when the phone is rotated to a new person for the month.

Racks:

- Emma/Eddie has 1 rack
- Cedar City ER need a free standing rack
- 6 racks around town listed in the above information
- Baron and Brandina will help fill racks in Cedar.

We set a budget to be \$3000 for this year.

I was able to pick up the posters from Star Sign, I will need to be reimbursed for the payment.

The next meeting will be April 3rd at 2pm at Leslie H. house.

I am not sure what else I was able to complete for the month as the Vice Chair. I might remember later...

Thank you for giving me this opportunity to be of service
Leslie H.

Secretary [Christine]

Hello everyone

Thank you so much for voting me in as secretary I am honored. we have a new email address .. secretary@nasouthernutah.org.

The minutes will be sent from this new email and The old email will be forwarded so dont worry if you use the wrong one.

The minutes were typed and sent out and then one changes was made to add Becky back to the treasurer and co treasurer and they were sent out again. There is a roll call going around if you did not get the minutes please sign in and I will make sure you stay on the list.

Thank you so much for teaching me how to do this.

Christine

Treasurer [Mikey N.] -

Welcome to Area. Let's start with the numbers for the month, our previous balance was \$3,329.56. I transferred \$60.00 to literature, deposited \$179.51 in area donations, and paid out \$225.00 in a check to kinexus for taxes, \$0.13 in interest. I also reimbursed Christine R 6.51 for area copies, 3.83 additional for the car reports, 90.93 for PR reimbursements for meeting list, I sent a check to Region for \$1,500.00 and they have not cashed it yet. Our current balance is \$3,224.20. Just a reminder that once a new area treasurer is elected we need to change all of the bank accounts and state documentation.

Thank you,

P.S. Subcommittees including Executive committee don't forget to create a budget to bring to area next month.

Included is the budget forms. Have each subcommittee create a budget and itemize it in a general sense. if there are things they want to add or subtract do it. this is just a guideline. Thanks

Date	Description	Income	Check#	Expense	Balance
	Previous Balance				\$3,329.56
2/13/2016	Reimbursement Christine R copies			\$6.51	
2/13/2016	Reimbursement CAR reports			\$3.83	
2/13/2016	Reimbursement Meeting List			\$90.93	
2/16/2016	Transfer To Literature			\$60.00	
2/16/2016	Deposit from Area	\$179.51			

2/16/2016	Kinexus Taxes	1053	\$225.00
2/16/2016	Interest Paid		\$0.13

Previous Balance	\$3,329.56
Income	\$280.91
Sub Totals	\$3,610.47
Expenses	\$386.27
Current Balance	\$3,224.20

RCM [Rick R.] -. Welcome back to area everyone. The only thing to report this month is the upcoming CAR report, it is meeting at the Clark County Library @ 1:30pm. Pizza and refreshments will be provided by South Valley Area. The address is 1401 E Flamingo Rd. We are hoping for a great turn out this year.

There will be some upcoming events in May and June we will report as the time gets near.

Thank you for allowing me to serve,
Rick

Entertainment [Dale B.] - Area Entertainment meeting 7:30 p.m. at Alano Club Monday the 28th to go over the guidelines and fill any positions. Thank you for allowing me to be of service I will get my schedule down to where I can make the following area meetings.,

H&I [Christine R.] - Our business meeting was a huge success. Thank you to all those who participated and brought a friend, please lets do it again next month. We did bring our nomination for H&I Chair. Thank you for allowing me to be of service.

Outreach [Jen J.] - Hello friends.
Outreach held our business meeting March 3rd. We had four people travel to Kanab Feb. 25th. While there, we did get gsr contact info which I forwarded to Scott D for meeting lists and such. We only had 3 in attendance at our business meeting. We are still in need of committee members so tell your friends and sponsees please!

We will be supporting the following meetings this month: Sunday, March 13th at 8pm in Hurricane and Thursday, March 24th 6pm living in the moment.

We have an event tentatively planned for April 2nd at 2pm to raise funds for meetings struggling financially in our area. I will be bringing this topic up in open forum for thoughts and suggestions.

Thank you for allowing me to be of service.

Jen J

PR [Open] - The Vice chair Leslie has stepped into this position until it is filled. The PR report is with the vice chair report.

SUACNA [Tysen J.] -

No report

Literature [Jeff G.] - So here is my final report. Eric and I did an audit on lit. on 2/20/2016. As of that date we had on hand 1,873.29 of lit. There is a paper that i will hand in so you can see where we are. SUACNA deposited \$288.00 for books they needed. As of 2/20/2016 we had \$1,210.53 in the bank. Eric and I did an order of \$569.59 on 2/20/2016. It has been an honor to serve as your lit chair. Thanks for keeping me clean for that 2 years. I know that Eric will do a great job he has been my rock. Love you all Jeff G.

- Second report from Eric M - Sold 257.60 in lit.

Ad-Hoc - [Mikey N.]

This is my ad hoc report. I was able to submit an application to Google nonprofits and we were accepted and verified. We were able to set up the two main email accounts. They are chair@nasouthernutah.org and secretary@nasouthernutah.org . I will be getting with subcommittee chairs and help them set up their new accounts. Committee chairs please every effort to meet with me ASAP so this can be completed by the end of the month. It takes about ten minutes and can be done over the phone. These are all Gmail based accounts and can be easily synced with your smart phone. Thank you for your cooperation and thanks to our web servant Christine for her help.

Thank you for allowing me to be of service.

GSR Reports

Group	GSR	NC	Avg Att.	Donation	Comments
Basic Text Study (Cedar)	Thomas	1	7	0	Self supporting
Bridging the Gap	Travis	0	11	5.00	Steady, self supporting and awesome .
Circle of Hope	Chalise A	10	32	28.73	Hello family we are currently fully self supporting, our monday night meeting attendance is still pretty low and could use some support. All of our service positions are currently filled. We will be moving to the slick rock park on the second monday in april which is the 11th and our time will move to 8pm. We are grateful to perks for allowing us to hold our meetings there and for all their support. Thank you for allowing me to be of service.
Circle of Sisters	Leslie	2	30	0	We are still in need of support and home group members. Our meeting is mostly treatment facilities which means we tend to struggle paying rent. But, we are still up and running. 1st sat of the month is a speaker meeting. We have a new alt GSR Makayla! Thank you.
Cope without Dope					
Dopeless Hope Fiends	Susan	2	25-30	10.00	Self supporting
Hold on Pain ends					
Fresh Start	Baron	0	3	0	Small but might. Could use some

(Cedar)					support
Hurricane Sunday night					
It works; How and Why (Cedar)	Patrick	3	20	0	In need of support, need GSR
KISS meeting	Tysen J	3	18	0	Ashley C new chair, no donation
Live and Let Live					
Living Clean (Cedar)	Baron	2	14	1.00	GREAT
Living in the Moment	Jessica	4	11	0	Self supporting but have not been able to maintain open positions. GSR, Alt GSR and Treasurer.
Living Clean the Journey Continues					
Mens Meeting	Dave J	1	13	9.20	Meeting is fully self supporting and doing well.
Mens Sun. Spiritual Meeting	Kason N	2	21	0	Our NA meeting is doing well and fully self supporting.
Mesquite Meeting					
NA Rox	Shannon C	12	15	29.00	All motions from last month were voted on, all positions are filled and the meeting is self supporting.
NA Underground					

Never alone Never again	Jen J	4	9	32.35	
Newcomers	Jordan	5	65	87.58	We have speaker chair position

Meeting					open. Meeting is going well.
Recovery NA Rainbow	Rob R	3	10	0	Friends- Our meeting is fully self supporting, we are in need of a secretary. We continue to carry a strong message of NA. We welcome all to attend. Thanks for letting me serve. Rob
Sunday Night Candlelight	Josh B.	5	50	29.67	Fully self supporting and all positions are full.
Spiritually Awake					
We unite on Tuesday Night	Mikey N	4	10	28.00	Co Sec - Split, Co Treas- Split, Treasurer - No , No, PR - Jerry , Cedar - No

End Group Reports

Break

Open Forum @ 7:34 pm - Open forum is verbatim, there is a voice recording available to anyone who would like to listen.

OPEN FORUM: MOTION FOR TIME

Motion for:

Seconded by:

Vote:

★ By Jen J - Fundraiser for struggling meetings.

- how do you say where the money goes, what meetings are struggling?
- Raise the money and bring it to area to see who is struggling
- Awesome idea why can't we use the money region is donating to help struggling meetings?
- The money region is donating is for PR only
- In the past we did this before outreach, you are a trusted servant of outreach so your group would be deciding where it goes

- each struggling meeting should be involved in this to help be self supporting
- April 2nd 2pm at vernon worthen park horseshoe and potluck.

★By Rob B Setting up a struggling meeting fund to help out struggling meetings.

- can area support our struggling groups?
- Can we set aside a certain amount for struggling meetings
- Our traditions say groups should be self supporting, it works how and why says specifically that groups may close down because they can not make rent.
- rather than throwing money at the problem, what can we do to help make these groups more viable? Has someone sat down with these meetings to help solve the problem.
- if we should all be self supporting why did we take money from region? Why cant we support groups? If there are no meetings to carry the message -
- The women's meeting is the only women's meeting and most of the attendance is treatment centers. We donated money from our group to their group because we can.
- Seems like the women's meeting is the most talked about meeting, maybe change your venue where the rent is cheaper. there are more meeting places than the alano club
- We have to support each other going through this process of growing.
- We have done this before, set a fundraiser up to help. Is it necessary to do a fundraiser and keep a separate fund to do the same thing?
- If we decide as a group to do this, I would table this to create an ad hoc committee to decide how long will this go on? How it will be spent. There will need to be guidelines and ad hoc
- I think outreach has a good hold on this, if yous tart looking at the homegroup level, what your rent is, look at how your homegroup is running. get more homegroup members.

★ By:BrandinaNew womens meeting KKCB small room 11am first sunay in april

to start -They do need a starter kit.

★By: Jen J Conflict of Traditions

- The meeting on thursday night never alone never again, they have these groups and they write NA/AA on the board, we have asked them to take it off and we are not affiliated but they will not take it down. The meeting is being promoted as NA/AA by the facility.
- Cover the board at your time?
- They are holding a group every day at switchpoint that is called NA/AA.

★By: Becky Greivance

-Why did someone read a vague facebook post and call me at my home and ask me to resign my service position. I have a small facebook, why are people talking about my personal business behind my back. I have a good reputation with NA, even before my relapse I formally finished my service positions. I still don't feel a part of, I still feel inadequate, so to have a crisis. Not one person called to say your ok, I got one person who called and said you should resign because we think you are bad with money.
(This was a very long and emotional conversation. If you have questions about what happened please see your GSR)

★ By: Jen J Google Calendar questions

A couple of us were talking about how we can get added to that and how we can do this.

- We are starting new emails and new calendars. Everyone who wants it can have access to the calendar.

★By:Leslie : SUACNA Event

April 23rd. 3pm. All GSRS please submit 2 speakers by April 1st. We need plenty of speakers

because we will need 12 speakers. Please bring a spaghetti dinner.

-please email directly to Leslie

★By:Leslie:NA Posters

I got all the posters from the printer. Here they are. They will be placed. there are so many

posters. There are so many IPS and posters in my house, Literature is money and I would

like it more if it could go in the storage unit.

-The secretary has a key

★By: Jon G: CCGC

- Are they going to submit a report to Area?

-Patrick current chair - Will act like any other body, will give a budget and a report and do

like any other subcommittee. We will act like a subcommittee. I am here to represent as CCGC.

- Budget?

-We are self supporting.

- What is the purpose of the subcommittee? (Reads Guidelines)

-When does outreach hold events in Cedar? The newcomer is the most important, Nobody is doing events in Cedar city. Your area is unable to get to our area to do functions. We are losing newcomers, they can't get to st george, The point of the growth committee is to stay in cedar city and promote growth.

- I don't see the CCGC coming to ask for help from area, i see this as being redundant

- The campout is held half way from cedar to st george, the basic idea is to get the fellowship to grow, but is it going to have a clear message of NA or clear language. We do need to create unity, as a committee we are trying to create unity the best we can, growing areas = growing pains,

- We are doing the best we can, we were new when we made these guidelines,

-This motion will go back to groups to vote next month.

Open forum closes @ 8:16pm

16 GSRs present

Old Business

- **Motion 1 - To discuss the CCGC Becoming a subcommittee of our area.**

New Business

Motion 1
Maker: Brandina
Seconded: Jen J

Motion: For a starter kit for womens meeting 11am in Cedar City sundays.
Starting April 3, 2016 @ KKCB small room
Intent: To carry the message
Motion Passes
14-0-2

Motion 2
Maker: Leslie
Seconded: Thomas

Motion: To have a reserve set aside for struggling meetings. adhoc committee created in order to do this.
Intent: To keep the meeting alive and running
BACK TO GROUPS

Motion 3
 Maker: Jerry C
 Seconded: Shannon C

Motion: To make the CCGC a part of our area
 Intent: To create unity
BACK TO GROUPS

Elections (For, Against, Abstain)

Co Secretary - Eddy 4-7-6

Position still open

Co Treasurer - Eddy 0-10-6

Position still open

Treasurer - Eddy 2-9-5

Position still open

PR - Jerry 15-0-1

Congrats Jerry

Nominations -

H & I					
Nominee:	Wade	Nominator	H&I Body	GSR 2 nd :	Leslie
Meets Clean Time? <input checked="" type="checkbox"/>	Present for Nomination? <input checked="" type="checkbox"/>		Accepted Nomination? <input checked="" type="checkbox"/>	Declined Nomination?	

Motion to Close

Motion for next area to be in Cedar City April 8th 2016

ITEMS FOR YOUR HOMEGROUP BUSINESS MEETING

Motion 2

Maker: Leslie

Seconded: Thomas

Motion: To have a reserve set aside for struggling meetings. adhoc committee created in order to do this.

Intent: To keep the meeting alive and running

BACK TO GROUPS

Motion 3

Maker: Jerry

Seconded: Shannon C

Motion: To allow CCGC to become a sub-comitee of NASU

Intent: To create unity

Motion **BACK TO GROUPS**

Nominations:

H&I - Wade R

Outreach will be holding a fundraiser for struggling meetings April 2nd at 2pm at the Vernon Worthen Park

SUACNA 9 is having a fundraiser Saturday April 23rd from 3-8. The flyer is attached to the minutes