



**NASU AREA SERVICE MEETING**

October 12, 2019 Cedar City SWBH

**Opening: 6:32pm**

**Service Prayer - Susan**

**12 Traditions - Grace**

**12 Concepts - Bruce**

**Attendance: Makayla, Lacey, Crystal, Thomas, Jeri, Susan, Charolette, Shannon, Jerry, Grace, Bruce, Rayce, Andy, John, Aaron, Melissa, Mark, Falene, Angela, Angela Ariel, Layton, Roger, Aaron**

**Motion to accept minutes - Susan**

**Seconded by- Layton**

**Motion Passes**

Excused: Josh B. Brandinna, JR, Nick C. Emma,

Executive Reports

**Chair Crystal H: No Report**

**Co Chair - Lacey: No Report**

**Secretary - MaKayla - If you want the minutes, sign in.**

**Treasurer- Thomas - October 2019 Treasurer Report**

**Hello ASC... This month Co-chair Lacey J was able to come and learn a small piece of the treasurer's responsibilities. In the event that both of us were unable to fulfill our duties, she would have a basic idea as to what to do! Lacey said she will come again next month when the report is being done. Thx for letting us serve.**

**Tom & Jeri**

	Date	
<b>Description</b>		
<b>Income</b>		
		<b>Expense</b>
<b>Check #</b>		
<b>Balance</b>		
	9/1/19	
<b>Balance forward</b>		<b>\$ 9,334.07</b>
	9/9/19	
<b>Paul Taylor (phone line meeting rent)</b>		<b>\$ (16.00)</b>
		<b>1164</b>
		<b>\$ (16.00)</b>

written in April

	9/13/19
Verizon	
	\$ (32.63)
	web
	\$ (32.63)
	9/16/19
Transfer to Literature from PR	
	\$ (265.76)
	\$ (265.76)
Supplies for Recovery Day	
	9/16/19
Transfer to Literature from PR	
	\$ (38.64)
	\$ (38.64)
	9/16/19
Meeting Lists Rosemary reimbursement	
	\$ (180.51)
	1177
	\$ (180.51)
	9/17/19
H&I	
	\$ (249.00)
	1180
	\$ (249.00)
	9/19/19
Deposit	
	\$ 381.39
	\$ 381.39
54.63 into area ent (campout)	
	9/19/19

Reimbursement to Susan R

	\$ (30.00)
	1179
	\$ (30.00)
Supplies for Recovery Day	
	9/24/19
	Dave Jones
	\$ (78.81)
	1178
	\$ (78.81)
Supplies for Recovery Day	
	9/30/19
CCGC Event	
	\$ (80.00)
	1182
	\$ (80.00)
	9/30/19
Interest	
	\$ 0.37
	\$ 0.37
	\$ 8,744.48
	Ending Balance
	\$8,744.48
Committee Budgets	
Prudent Reserve	
	-\$1,000.00
PR	
	\$ 2,313.36
Operating Reserve	
	-\$3,000.00
H&I	
	\$ 697.00
CCGC	
	\$ 478.12

<b>\$ Available \$</b>	<b>\$4,744.48</b>
<b>Entertainment</b>	<b>\$ 505.63</b>
<b>Executive</b>	<b>\$ 914.92</b>
<b>Literature</b>	<b>\$ 2,300.00</b>
<b>New Building</b>	<b>\$ -</b>
<b>Total</b>	<b>\$ 7,209.03</b>

## **RCM - Shannon**

### **RCM REPORT OCTOBER 2019**

Hello Area,

There's lots to report from our Region. We are so excited to announce that the 2019 Zonal forum will be held in our Region this year. The Zonal forum is a collaboration of the Western States RD's, to discuss information from the 2020 Conference Agenda Report (CAR) and any ideas and motions from their Regions. It's like a mini World Service Conference but on a smaller scale. The Forum will be held Thursday, January 23<sup>rd</sup> to Sunday, January 26<sup>th</sup> at the LaQuinta Inn by Wyndham in Las Vegas, NV. I have included the flyer in my report, and it will also be posted on our Area's website. The Conference Agenda Report will be coming out in November 2019 for the Fellowship to review.

Regional money matters; Regions balance is \$19, 192.00 and I've included their Treasurers Report, Budget, and Profit and Loss Report from July-August 2019.

The Region 51 Convention was a success this year, leaving the committee with seed money totaling \$2,701.66. The Convention will be held July 24<sup>rd</sup>-July 26<sup>th</sup>, 2020 with the Speaker Jam on Thursday July 23<sup>rd</sup>.

Things we were asked to bring to the Area and that we will bring to open forum:

-Regional Guideline Change, regarding lengths of terms for the Admin Body, specifically the Chair and Vice Chair. Should their term lengths change from 1 year to 2 years? Thoughts and suggestions are welcome regarding lengths, they would like a group conscious to be brought

back at the next Regional Service Committee Meeting. We will motion this to be taken back to Groups and the Regional Guidelines have also been included in this report.

-Staggering Events throughout our Area and Region. Region has asked that if our Area is hosting any events that they consider looking at the regional calendar and stagger with other events if at all possible, also to include all events on the regional calendar so other service bodies may do the same. This is to help with doubling up on same day and time events throughout the Region. You can submit your events to [calendar@region51na.org](mailto:calendar@region51na.org).

-Region 51 Meeting List & Map. Should Region continue to include a map of meeting locations in the meeting list? If the map is taken out, it reduces the cost of lists by %25. Thoughts, suggestions, or possible consensus is needed on this matter.

-Open positions for Regional Service Committee and Region 51 Convention, GSR's please take back to your groups:

Regional Positions: Vice Treasurer (3 years), Secretary (3 years), Vice Secretary (3 years). If interested, please email [chair@region51na.org](mailto:chair@region51na.org)

Region 51 Convention positions: Merchandise (5 years), Arts & Graphics (3 years), Registration (5 years). If interested, please email, [convention@region51na.org](mailto:convention@region51na.org)

Thanks for allowing us to serve,  
Shannon, JR, & Jerry

**Entertainment - Josh B. - Hello all,**

**I apologize for not being there. I am attending an event with my wife in Las Vegas. We had our scheduled business meeting September 28. We got the Halloween event all lined up. It is October 26th at the American Legion building**

**245 north 200 west**

**St george, Utah 84770**

**From 5-9. We will have a speaker, chili contest, costume contest, and a live band. I'm attaching the flier.**

**Thanks,**

**Josh B**

**H&I - Aaron V. - How we Doing Family?**

**We had our H and I Business Meeting last night, there were only 3 Committee Members present. We finalized our H and I Awareness. Event! The event will be Flying High with H and I, on 11/1/2019 at Bluff Street Park. We will be letting go of LED lit balloons, BBQ'ing hotdogs and having two speakers. Watch for flyer!!!!**

**New meeting at Step's is going GREAT!! We have elected the Panel Leader, Jesse T!!**

**Iron County Jail is back on boated with Southern Utah H and I!!!**

**Purgatory is still not doing nighttime Programming and their daytime slots are full.**

**Thank you for allowing me to serve!**

**Aaron V.**

**PR Report - Susan: Hello Area! PR is in need of a Secretary (6 months clean time) and a Co-Chair (one year clean time.) Please spread the word. We could really use the support and would love to have more members get involved. Meeting lists have been ordered! Our banner is missing. We could not find it for recovery days so we ordered a new banner. I have the receipts and will be putting in for a motion for reimbursement. We also attended a wellness event at DSU. I will also be submitting reimbursement for booth for this event of \$25. We are interested at looking at the community calendar and want to do more events like this. We are looking to purchase a tablecloth not to exceed \$100. We are also looking into some SWAG to have at our table Bracelets, pens, etc. Phone line committee is progressing right along to get everything running smoothly with Region Phone line. We are going to keep our phone until the end of the year and Jerry is going to go to Verizon to see if our # can be imported**



to Regions. If you would like to be more involved please attend the next phone line business meeting on Monday, November 4th at 6:00 pm at Dave and Rosemary's house. We discussed Thanksgiving Dinner. It will be a potluck at the swc. We will have a meeting at 1:00 pm, eat at 3 another meeting at 6:00 then final meeting at 8:00. I think that's all I have for this month. Please join us for our next business meeting on Wednesday, November 6th, 6:00 pm at the Elev8 building in St. George! Thank you for letting me be of service.

**SUACNA 13 - SUACNA 13 is moving right along and I couldn't be more grateful to serve with such an amazing Committee!!!**

**We had a special guideline meeting a couple weeks ago which was super helpful! Once the Sub Committee's submit their guidelines we will bring them to Area for approval.**

**The deadline to submit a logo for SUACNA 13 is 10/13/19, they can be submitted to our Merchandise Chair or our Arts and Graphics Chair.**

**The Co Secretary position is available. Clean time requirement is 1 year.**

**I have reminded the Committee that any meeting at SWC needs to be authorized with Southwest Center and no meetings are to be held outside of the center.**

**We went to the bank with our Area Treasurer and added SUACNA Treasurer, Andy. Co Treasurer Aaron N, Co Chair Aaron V and myself. Our bank balance as of last Sunday is \$5000**

**ALL SUBCOMMITTEES NEED SUPORT!!**

**Thanks for allowing me to serve,  
Melissa V**

**Literature Andy -**

<https://docs.google.com/spreadsheets/d/1GroiAl2tHn56BBrDoVQ3WOYbqxBdr586g4ALzhTHnGw/edit?usp=sharing>

**CCGC Jeri - Hello ASC!**

**Our laser tag/desert contest event was a success! We had 18 show up to play laser tag, 28 + kids showed up for the desert contest and 15 stayed for the meeting! Rayce and Stephanie won the contest for best desert with a yummy-licious pumpkin roll! They won the literature prize and decided to give it to the person with the least amount of time in the room! Pretty awesome! Yay Rayce! So, we took \$80 from our budget \$20 went to Rayce to reimburse for the pavilion rental at the park which left us with \$60 remaining. 7th tradition brought in \$84.00! We had some money from previous events that had not yet been deposited (MY BAD) :) We had \$12.00 from our July 23rd Volleyball event and \$2.37 from our Sept 20th Bonfire meeting + \$144.00 from our laser tag event. A deposit of \$158.39 has been done! We also took a vote to reimburse Rayce B for \$22.40 for the purchase of two books that were used as the prize for desert contest. I will be putting in a motion for that! On October 29th at 8pm were having a Bonfire meeting at the Southwest Wildlife Preserve, these meetings are awesome if youre able to, come enjoy the fire with us!**

**Thank you for allowing me to serve!**

**Jeri D~**

**RECOVERY HALL COMMITTEE: No report**

**Ad-Hoc Committee: No Report**

## **Struggling Meeting PR Guidelines**

1. We encourage any group that may be struggling to come to the ASC for assistance.
  
2. Two times a year a group can be brought current on rent and given one-month reserve with literature (key tags). After receiving assistance, it is suggested that a group do a group inventory and look at the following suggestions:
  - a. Is there an atmosphere of recovery
  - b. Is the group venue cost efficient
  - c. Does the group have home group membership
  - d. Is the group format working?
  - e. Is there a meeting going on at the same time?
  - f. Does the group have a GSR
  
3. Any new meeting can come to the ASC and receive a literature starter kit consisting of the following:
  - a. Two Basic Texts
  - b. Four of each key tag
  - c. Twenty IP's
    - Am I an Addict?
    - For the Newcomer
    - Sponsorship
    - Welcome to Narcotics Anonymous
    - Recovery and Relapse
  - d. One set of readings

## GSR Reports

Group/ GSR	Avg Att	NC	Donation	Comments
Basic Text Study (Cedar) Thomas B				
Bridging the gap				
Circle of Hope				
Circle of Sisters				No report
Cope Without Dope (Kanab)				Due to area support they are self supporting, attendance is going up.
Dopeless Hope Fiends (Cedar) Bruce				All good
Fresh Start (Cedar)				
Glimmer of Hope (Rayce)				
Hold On Pain Ends (Richfield)				

No Gram like the Program Sabrina				
It works; How & Why (Cedar) Lacey				
KISS Meeting Jen J				
Live & Let Live (Cedar) Charlotte				
Living Clean (Cedar) Jeri D.				
Living in the Moment Mark				
Living Clean the Journey Continues				
Lost & Found				
Men's Spiritual Meeting (Sunday) Rick R.				
Men's Meeting				
The Nooner JR				
Newcomer's Meeting Layton				

Sisters of Hope (Richfield )				
Sunday Night Candlelight Delanie				
We Unite on Tuesday Night Open				
NA HUMP DAY				
Serenity Sisters				
Women's Haven of Hope				
Stress Less				

TOTAL AREA DONATION: \$375.72

Break Time: 7:00pm

Motion by Angie 10min

Seconded by Ariel

Re-Open: 7:12pm

Start Open Forum:) - 20 Minutes

Motioned by Angela

Seconded by Aaron

Motion to Extend 15 minutes by Aaron, seconded by layton

1. Purchase tablecloth with NA Logo for PR, better representation for NA not to exceed \$100 and to Reimburse Dave \$94.60
2. Jerry 10 more GSR handbooks for new GSRs and Not exceed \$75 for copies of CAR report
3. Shannon regional guideline change
4. Andy Money request issue
5. Jeri reimburse Rayce \$22.40

Motion to Close open forum: Aaron

Seconded by: Angela

GSR ATTENDANCE: 13

Open forum is verbatim, there is a voice recording available to anyone who would like to listen. (this was not recorded for this month)

## **Old Business:**

**Motion #1**

**Maker: Aaron**

**Seconded: Staci B**

**Motion: Nominate Melissa V for SUACNA XIII Chair**

**BACK TO GROUPS - PASSED**



**Motion #2**

**Maker: Aaron**

**Seconded: Staci B**

**Motion for \$249 for H & I Awareness Event to be spent on money to be spent on food and supplies**

**Intent: To spread the word for H&I Awareness**

**MOTION PASSES**

**Motion #3**

**Maker: Layton**

**Seconded: Mary M**

**Motion for \$249.99 for the Area Entertainment Halloween Event on 10/25/19**

**Intent: To carry the message by having fun in recovery.**

**MOTION PASSED**

**Motion #4**

**Maker: Tim H**

**Seconded: Angie**

**Motion: To accept amended guidelines for the struggling meeting**

**Intent: Simplify the procedure for struggling meetings to get help from ASC**

**BACK TO GROUPS - PASSED**

**Motion #5**

**Maker: Susan R**

**Seconded: Lacey**

**Motion: To reimburse Dave J \$28.81 for brochure racks and lettering**

**Intent: To pay the money back and be self-supporting**

**MOTION PASSED**

**Motion #6**

**Maker: Susan**

**Seconded: Rayce**

**Motion to reimburse Dave J for Recovery Days booth \$50.00**

**Intent: to pay the money back and be self-supporting**

**MOTION PASSED**

**Motion #7**

**Maker: Susan R**

**Maker: Rayce**

**Motion to reimburse Susan \$30 for candy for recovery days**

**Intent: to lure people into our booth @ recovery days and to pay back and be self-supporting**

**MOTION PASSED**

**Motion #8**

**Maker: Rosemary**

**Seconded: Layton**

**Motion to reimburse meeting list coordinator \$180.51 for Sept/Oct Meeting Lists**

**Intent: to pay back money paid for by the coordinator**

**MOTION PASSED**

**Motion #9**

**Maker: Jeri D**

**Seconded: Rayce**

**Motion is to use \$80 of our approved budget for our event. The event is going to be Laser Tag and a dessert contest. Laser Tag is \$5 per person, per game.**

**Tentative date is 9/22. \$15 will be used to reimburse Rayce for the reservation of West Canyon Park.**

**Intent: To have fun in recovery and to show the newcomer how awesome being clean is and you can have a blast in recovery.**

**MOTION PASSED**

**NEW BUSINESS:**

**RANDOM MOTION: To remove the map from Region Meeting Lists -  
PASSED**

**Motion #1 To purchase a tablecloth with NA logo for our PR display not to exceed \$100**

**Maker: Shannon**

**Seconded: Susan**

**Motion Intent: To have a better representation of Na of Southern Utah at community events**

**PASSED**

**Motion #2: To purchase copies of CAR 2020, to to 25 copies not to exceed \$75**

**Maker: Jerry C**

**Second: Rayce**

**Motion Intent: So all GSRs and their groups have a copy of CAR report**

**PASSED**

**Motion #3: To ask the groups: “should the chair and vice chair of the region have their term length changed from 1 year to 2 years in the regional guidelines**

**Maker: Shannon**

**Seconded: Charlotte**

**Motion Intent: To request group conscious for this guideline change and/or get our groups input on the matter.**

**BACK TO GROUPS**

**Motion #4: To reimburse Dave J for the \$25 for the booth at wellness fair and \$69.60 for a banner, totalling \$94.60**

**Maker: Susan**

**Seconded: Layton**

**Motion Intent: To repay Dave and be self supporting.**

**PASSED**

**Motion#5: To reimburse Rayce for \$22.40, the cost of the 2 books he bought for the prize we had at the dessert contest on September 22**

**Maker: Jeri**

**Seconded: Thomas**

**Motion Intent: To self supporting**

**PASSED**

**Motion #6: To produce 10 GSR handbooks for our area's new GSRs not to exceed \$150**

**Maker: Jerry**

**Seconded: Rayce**

**Motion Intent: To inform all new GSRs of their position**

**PASSED**

**BACK TO GROUPS:**

**Motion #3: To ask the groups: "should the chair and vice chair of the region have their term length changed from 1 year to 2 years in the regional guidelines**

**Maker: Shannon**

**Seconded: Charlotte**

**Motion Intent: To request group conscious for this guideline change and/or get our groups input on the matter.**

**BACK TO GROUPS**

**Cedar ASC Meetings:**

**December**

**Motion to Close: Layton**

**Seconded by: Makayla**

**Next Area November 9 @ St. George SWC @ 6:30pm**

**Minutes typed by Makayla**

**Any corrections please email [secretary@nasouthernutah.org](mailto:secretary@nasouthernutah.org)**

**IF YOU DID NOT GET THE MINUTES, THEY ARE ON THE WEBSITE!!! COME TO AREA AND PUT YOUR EMAIL ON THE SIGN IN SHEET!**

#### **NA Related Announcements**

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- **IF YOU DID NOT GET THE MINUTES, THEY ARE ON THE WEBSITE!!!**
- **Circle of Hope - Meets monday and wednesday at 7pm in the Room at the square, needs homegroup members,looking to be of service and they also need ALT GSR**
- **NA Hump Day - Need meeting attendance and homegroup members**
- **Area Entertainment - October 26th 5-9pm is the Halloween event; dance, band, contest, chilli**
- **Basic Text Study - need ALT GSR for basic text study**
- **Glimmer of Hope - Need ALT GSR for basic text study. Meet at KKCB in Cedar City 8-9pm Monday night**
- **H&I - Awareness event “flying high with H&I” November 1 6-8:30pm Bluff Street Park**
- **Serenity Around the Fire - Starting Friday @ 7pm on October 18th**
- **CCGC - Bonfire meeting October 29th @ 8pm - Southwest Wildlife Preserve**
- **Phoneline Committee - Business meeting 11/4/19 @ 6pm at Dave &**

**Rosemary's**

- **PR - Business meeting 11/6/19 @ 6pm @ Elev8**